



Veno-Arterial Extracorporeal Membrane Oxygenation (VA-ECMO) for Cardiogenic Shock

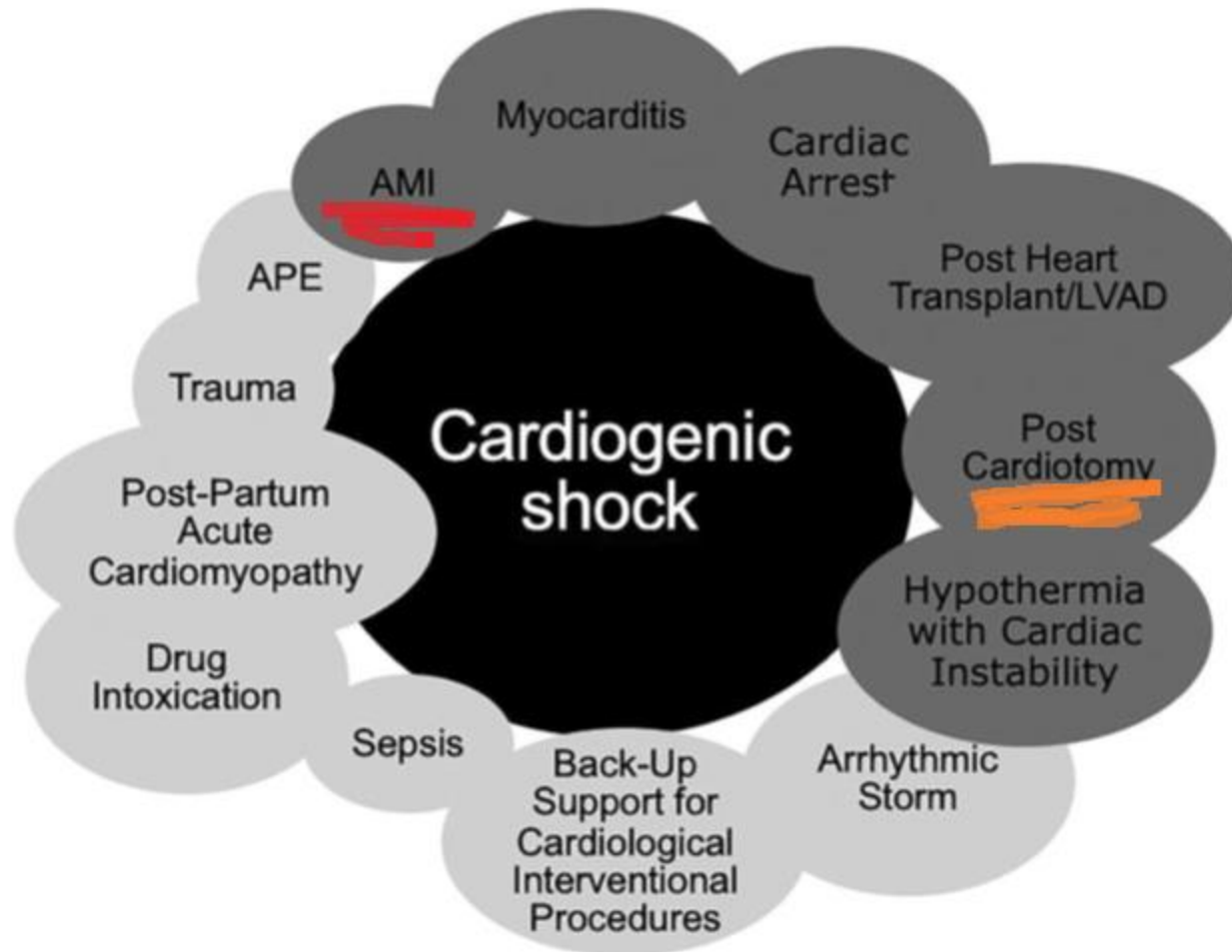
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Clinica Montevergine, GVM Care and Research,
Mercogliano

What is a cardiogenic shock?

It is the inability of the heart to maintain an effective cardiac output commensurate to the metabolic demands of the body attributable to a primary underlying cardiac pathology

Causes of cardiogenic shock



Definition criteria of cardiogenic shock

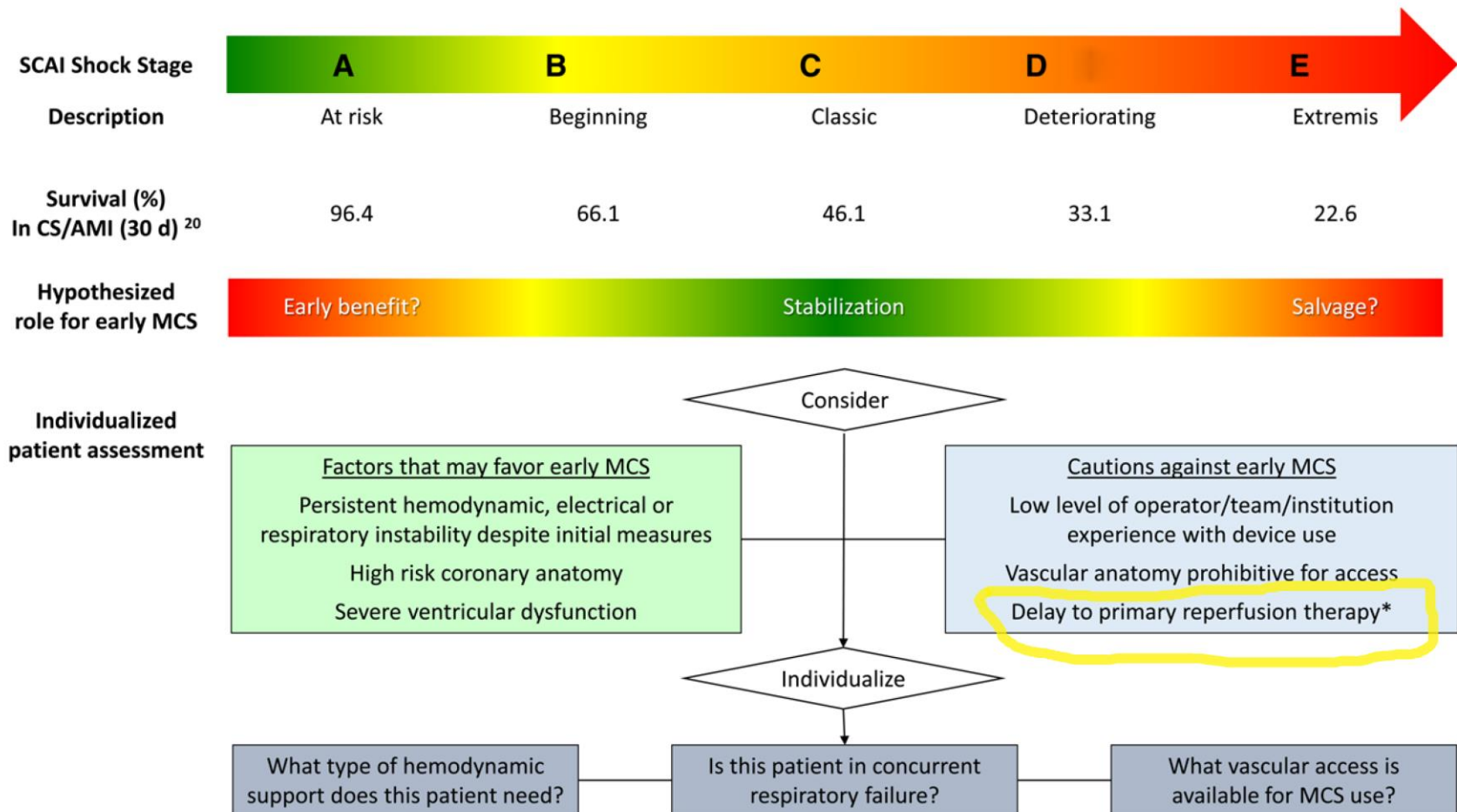
Clinical Features of Cardiogenic Shock and Defined Contemporary Trials and Guidelines

Clinical Trial/ Guidelines	Cardiogenic Shock Criteria
SHOCK Trial (1999)	<ul style="list-style-type: none">• SBP < 90 mm Hg or vasopressor support to maintain SBP > 90 mm Hg• Evidence of end-organ damage (UO < 30 ml/h or cool extremities)
IABP-SOAP II (2012)	<ul style="list-style-type: none">• Hemodynamic criteria: CI < 2.2 and PCWP > 15 mm Hg• MAP < 70 mm Hg or SBP < 100 mm Hg despite adequate fluid resuscitation (at least 1 L of crystalloid or 500 ml of colloids)
EHS-PCI (2012)	<ul style="list-style-type: none">• Evidence of end-organ damage (AMS, mottled skin, UO < 0.5 ml/kg/h for 1 h or serum lactate > 2 mmol/L)• SBP < 90 mm Hg for 30 min or inotropes use to maintain SBP > 90 mm Hg
ESC-HF Guidelines (2016)	<ul style="list-style-type: none">• Evidence of end-organ damage and increased filling pressure• SBP < 90 mm Hg with appropriate fluid resuscitation with clinical and laboratory evidence of end-organ damage
KAMIR-NIH (2018)	<ul style="list-style-type: none">• Clinical: cold extremities, oliguria, AMS, narrow pulse pressure. Laboratory: metabolic acidosis, elevated serum lactate, elevated serum creatinine• SBP < 90 mm Hg for > 30 min or supportive intervention to maintain SBP > 90 mm Hg• Evidence of end-organ damage (AMS, UO < 30 ml/h, or cool extremities)

SCAI clinical expert consensus statement on the classification of cardiogenic shock

This document was endorsed by the American College of Cardiology (ACC), the American Heart Association (AHA), the Society of Critical Care Medicine (SCCM), and the Society of Thoracic Surgeons (STS) in April 2019

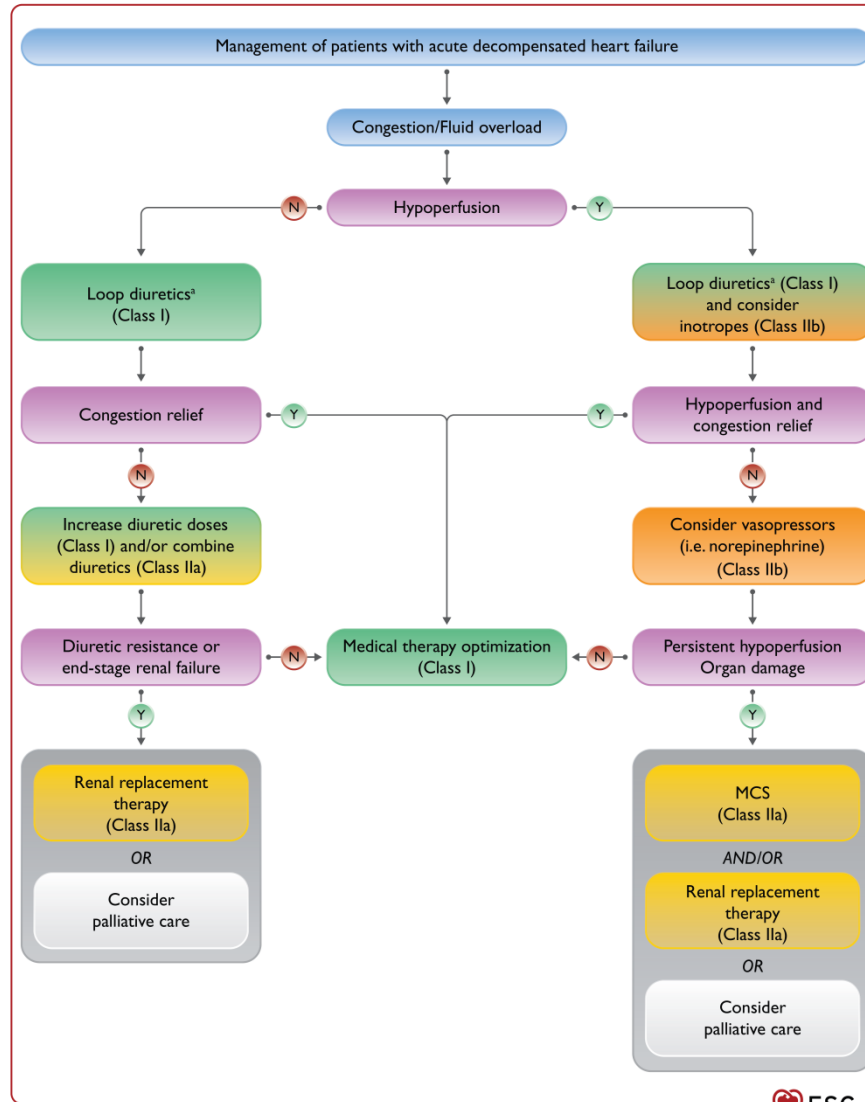




*Implications of time delay incurred during MCS initiation before primary reperfusion therapy are uncertain pending dedicated trials in the setting of cardiogenic shock complicating AMI.

2021 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure

Developed by the Task Force for the diagnosis and treatment of acute and chronic heart failure of the European Society of Cardiology (ESC)



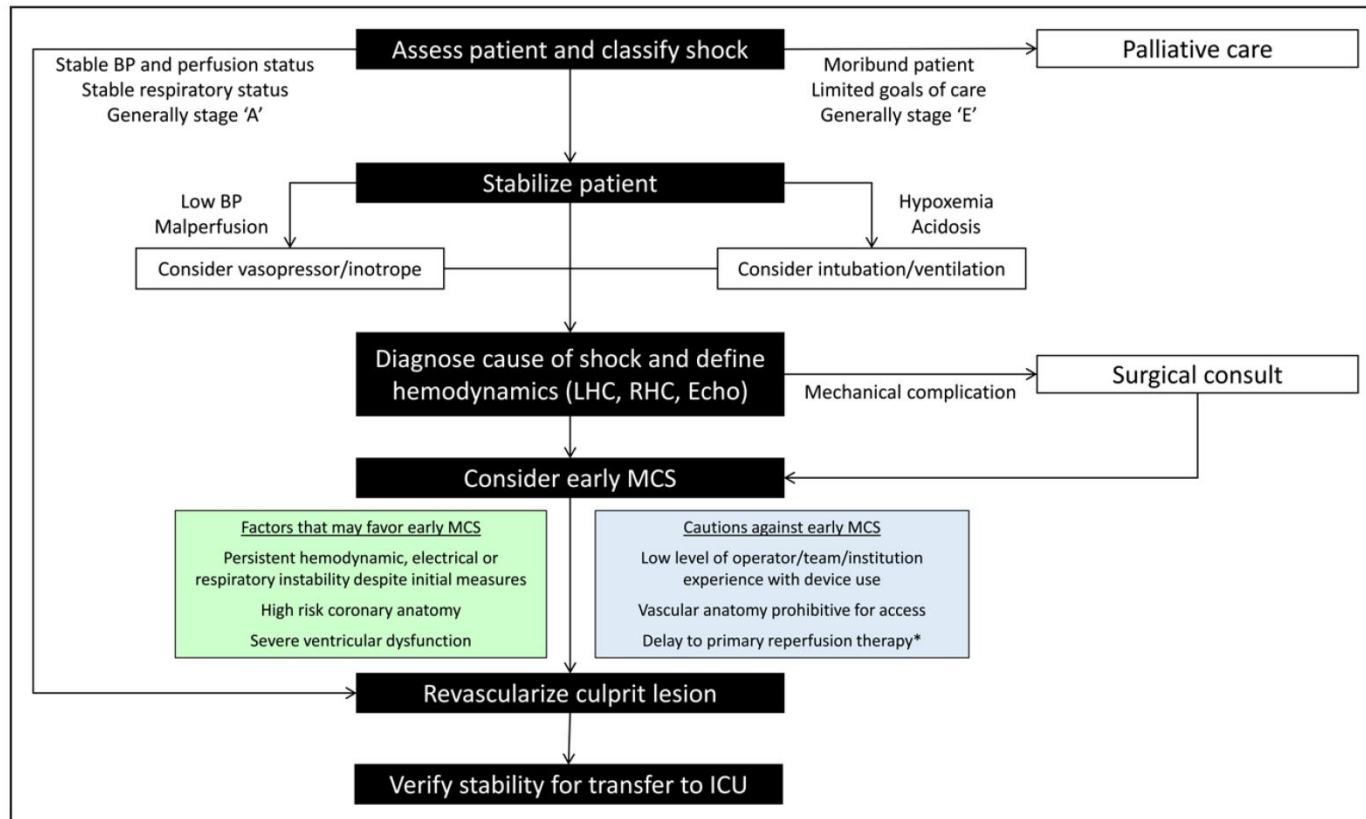
← Mechanical circulatory support

AHA SCIENTIFIC STATEMENT

Invasive Management of Acute Myocardial Infarction Complicated by Cardiogenic Shock

A Scientific Statement From the American Heart Association

Circulation. 2021;143:e815–e829.



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Patients presenting in shock (stages C–E) may first require acute stabilization with attention to blood pressure, endorgan perfusion status, oxygenation, and acid-base status.

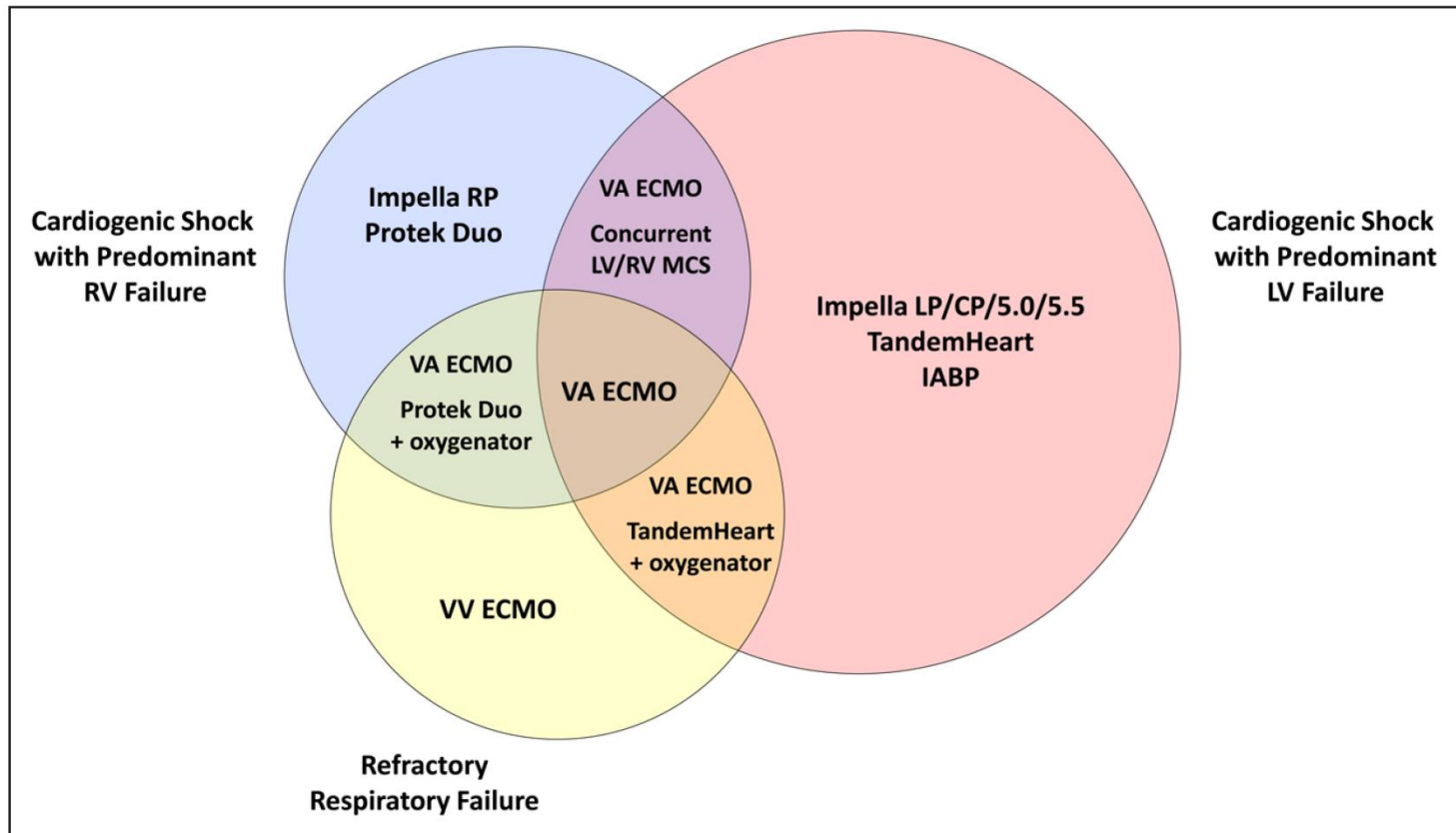
Especially in cases of STEMI, **any necessary stabilization efforts must be expedited** to minimize delay to reperfusion therapy

AHA SCIENTIFIC STATEMENT

Invasive Management of Acute Myocardial Infarction Complicated by Cardiogenic Shock

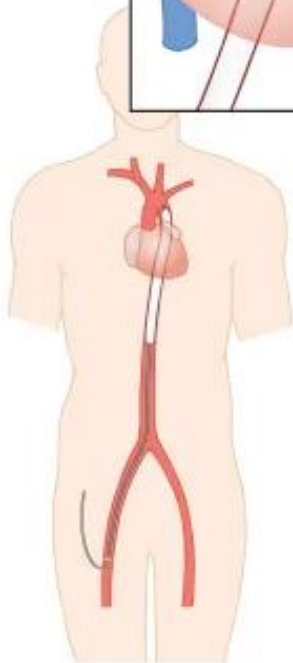
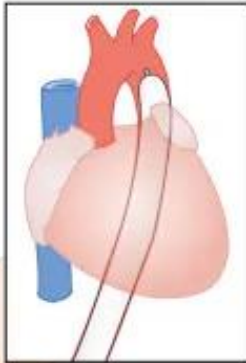
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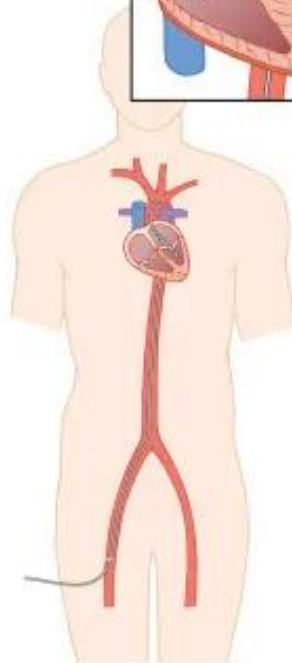
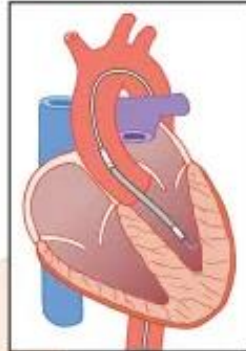


Main mechanical circulatory support strategies for cardiogenic shock

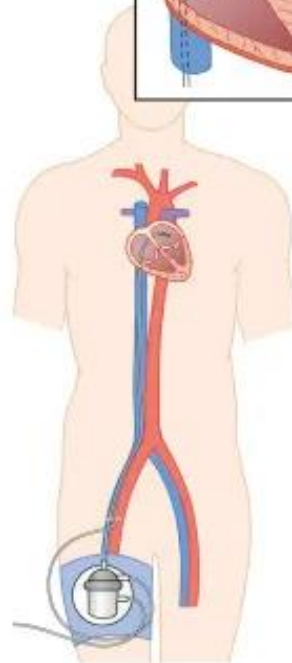
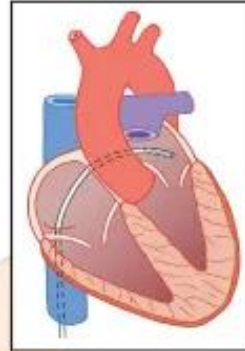
IABP



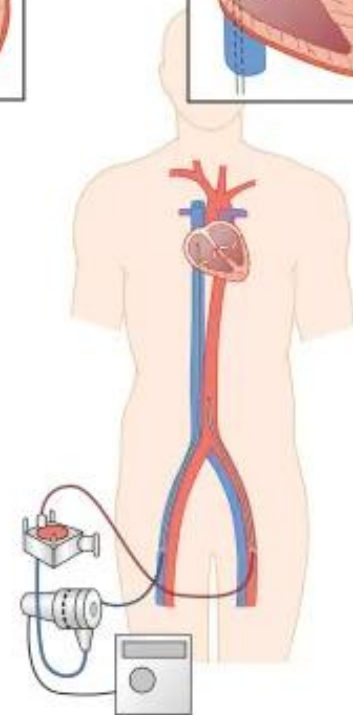
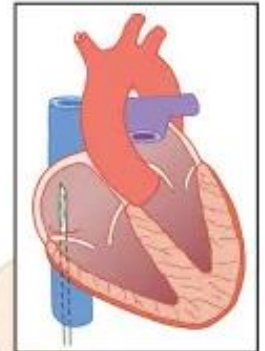
Impella



TandemHeart

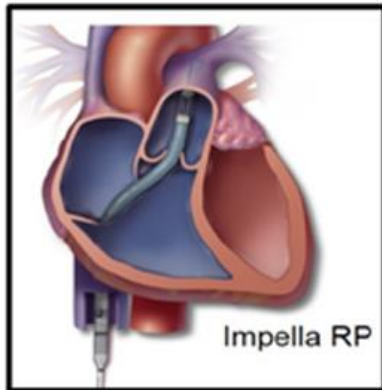


ECMO



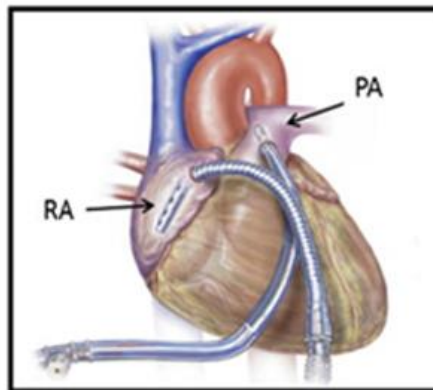
Mechanical circulatory support strategies for right ventricular failure

Direct RV Bypass

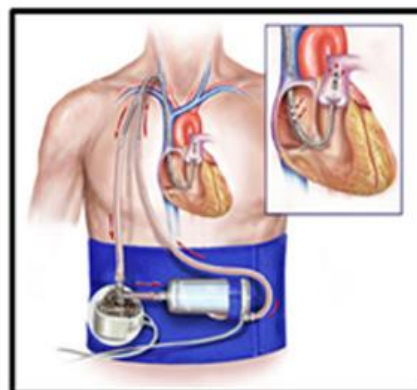


Impella RP

Axial Flow



Tandem RVAD



Protek Duo

Indirect RV Bypass



VA-ECMO

Extracorporeal Centrifugal Flow

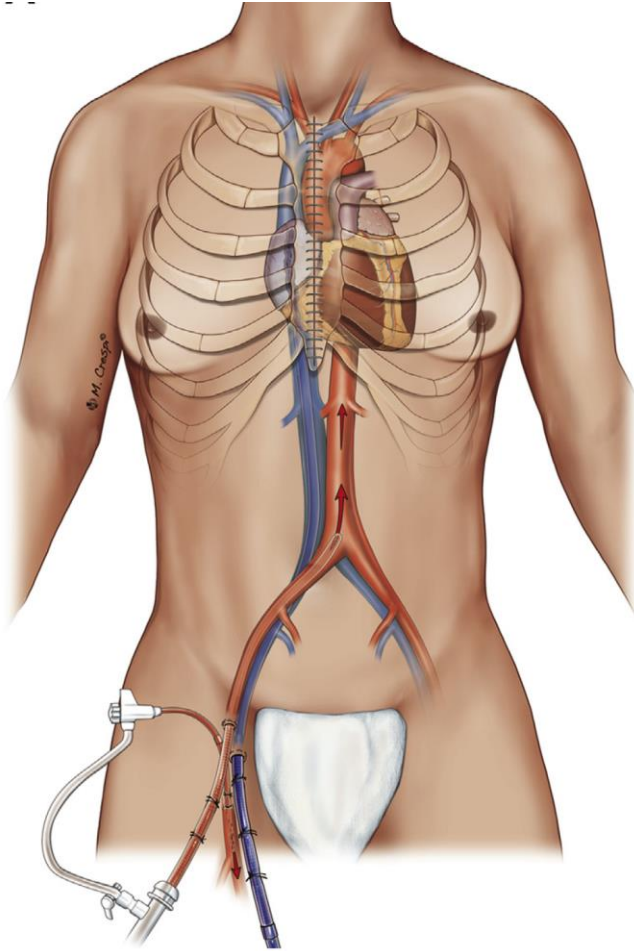
What is a VA-ECMO?

V-A support is the application of ECC primarily for cardiocirculatory or cardiopulmonary support, in which the extracorporeal circuit drains blood from the venous system and returns it to the systemic arterial system oxygenated and normalized for $p\text{CO}_2$

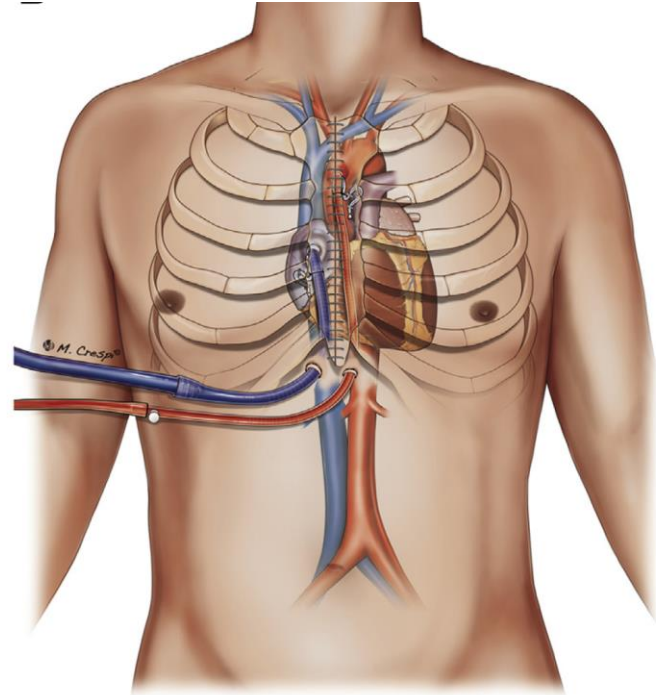
The ELSO Maastricht Treaty for ECLS Nomenclature

Modes		VV (ECMO)		VA (ECMO)	VVA (ECMO)			AV (ECCO ₂ R)
Flow direction, from → ML → to		V-V, VV-V	V-V	V-A, VV-A	V-VA	V-VA	V-AV	A-V
Configuration		Single-lumen cannulae	Dual-lumen cannula	Single-lumen cannulae	Single-lumen cannulae from V-V	Dual-lumen cannula from V-V	Single-lumen cannulae from V-A	Single-lumen cannulae
Level 1: Hierarchy	Upper case = major flow cannula Lower case = minor flow cannula	Vcep-V	(dl)V-V, (ca)V-V, (bc)Vcep-V	V-Ad, (dl)VV-Ad	Vv-VAd	(dl)V-VA	V-AdV	(pl)A-V
Level 2: Cannulation site	Indexed	V _f -V _j	(dl)V _f -V, (ca)V _j cep-V	V _j -A _f , V _j V _f -A _f d, V _j -A _{car}	V _f -V _j A _f	(bc)V _j -VA _f d	V _j -A _f V _f	(pl)A _{fi} -V _{fr}
Level 3: Tip position	Indexed	V _{ivc} -V _a , V _{ja} cep-V _f	V _{fsvc} -V _f	V _{ja} -A _{fil} d _p vnt _{al} , V _{ja} -A _{srg} , V _j -A _i	V _f -V _{ivc} A _f , V _f -V _j A _i	(ca)V _j -VA _{sic}	V _{ja} V _c -A _{fr} d _p V _{fr}	(pl)A _{fri} -V _{fli}
Level 4: Cannula dimension	OD/L. L is never given unless OD first	V21/50-V17, V21 _f -V17 _{fivc} V23/25 _a -V17 _f	(dl31)V-V, (ca32)V _j cep-V	V25/25-A17/18, V29 _{fa} -A _f d _t V25 _{fsvic} -A _{fi} 19d _p	V25/38 _j -V _f A19/18 _f d _t	(dl23)V-VA _f	V25/25 _{ja} V _a -A21 _{fr} d _p V17/50 _{fr}	(pl)A15/17 _{fr} -V15 _{fi}

Main configurations of VA-ECMO

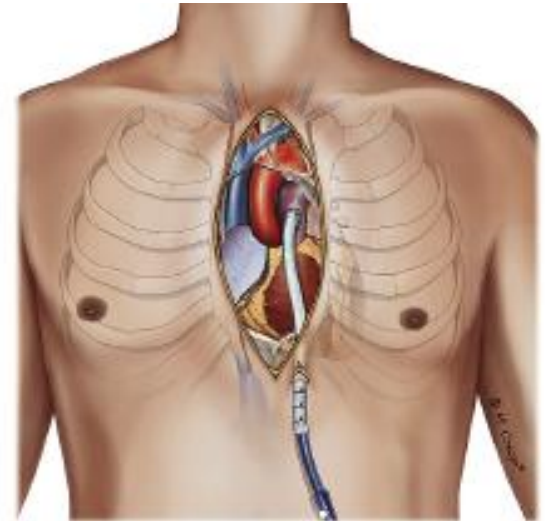
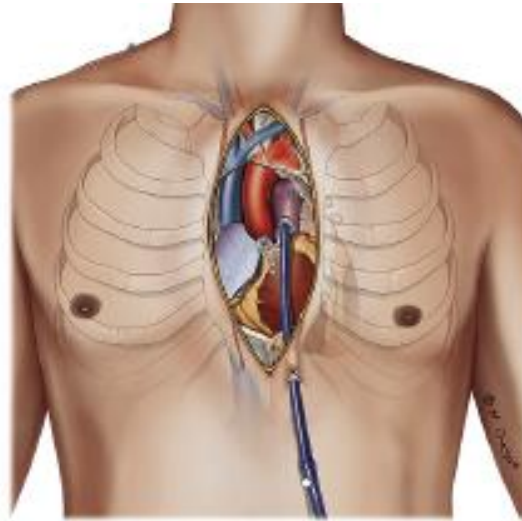
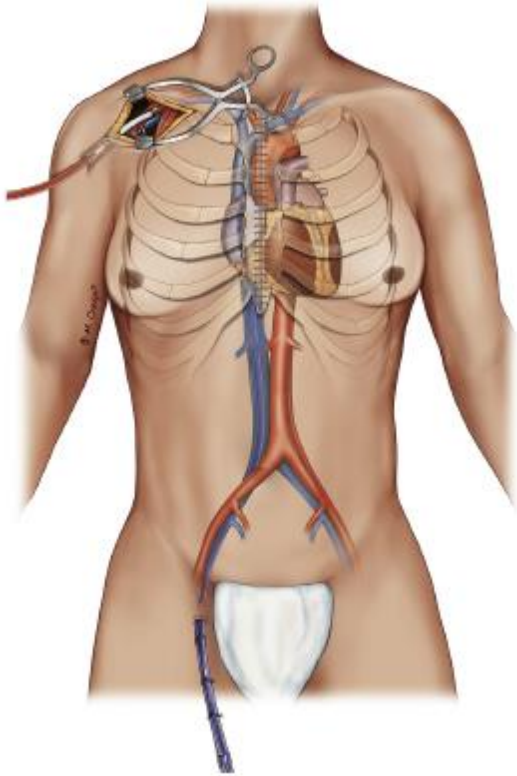


Peripheral VA-ECMO

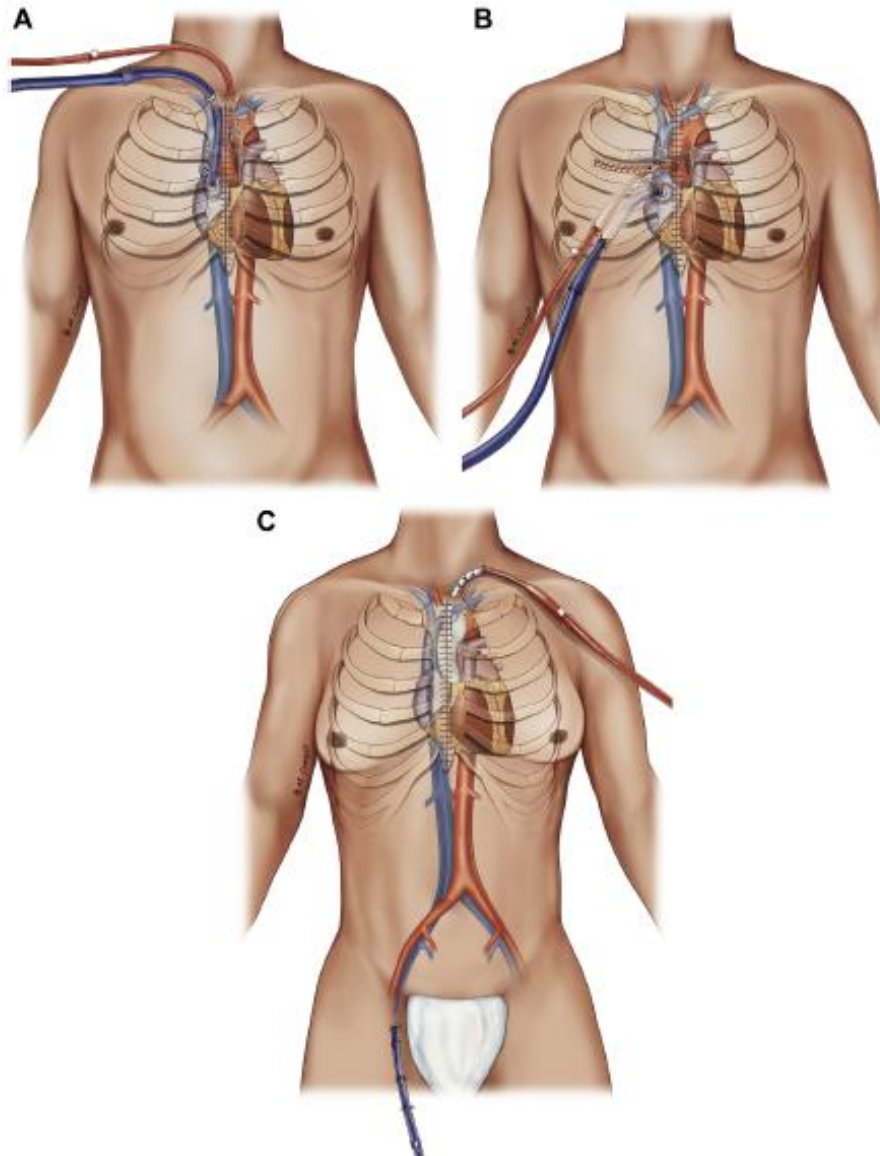


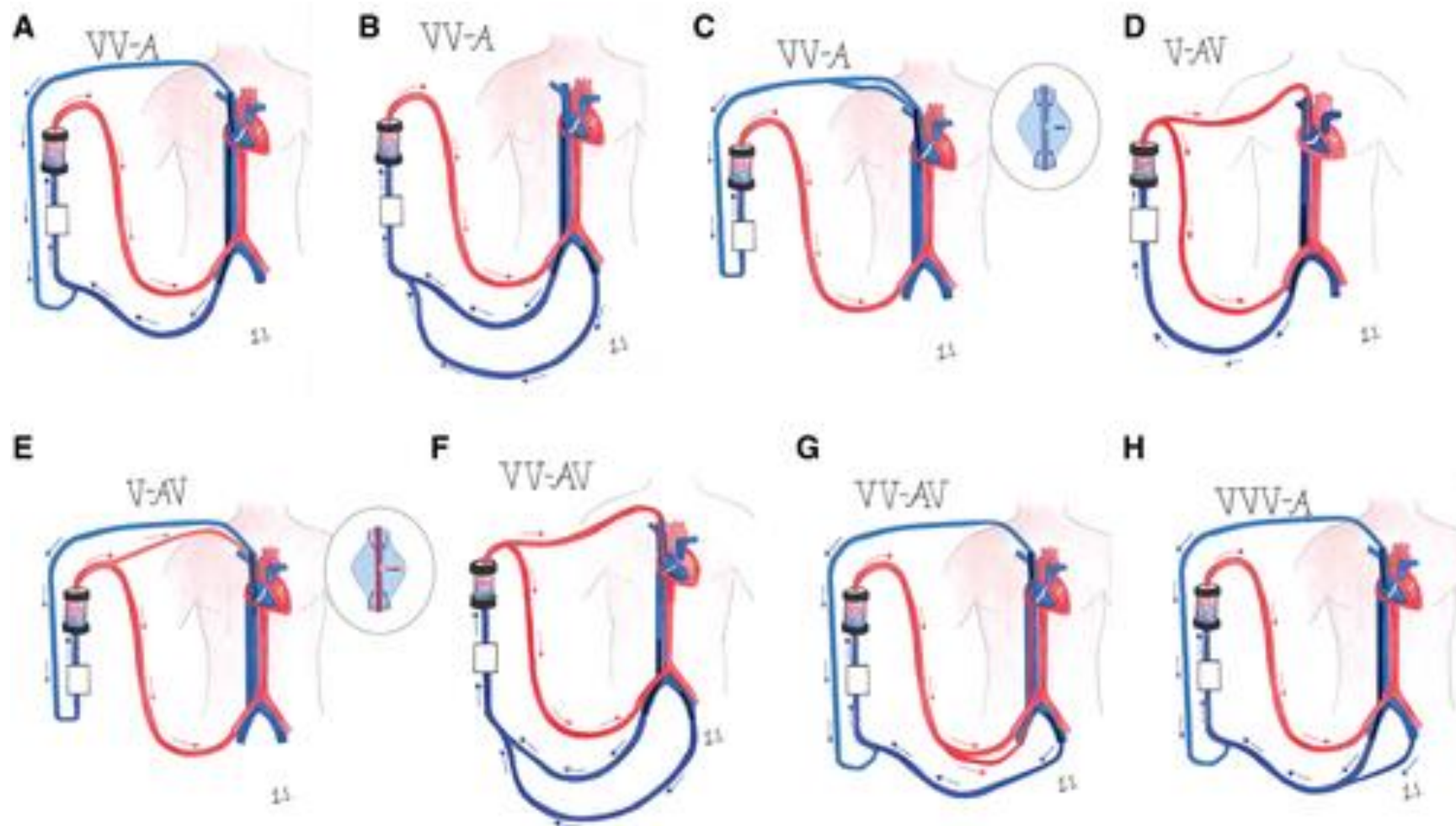
Central VA-ECMO

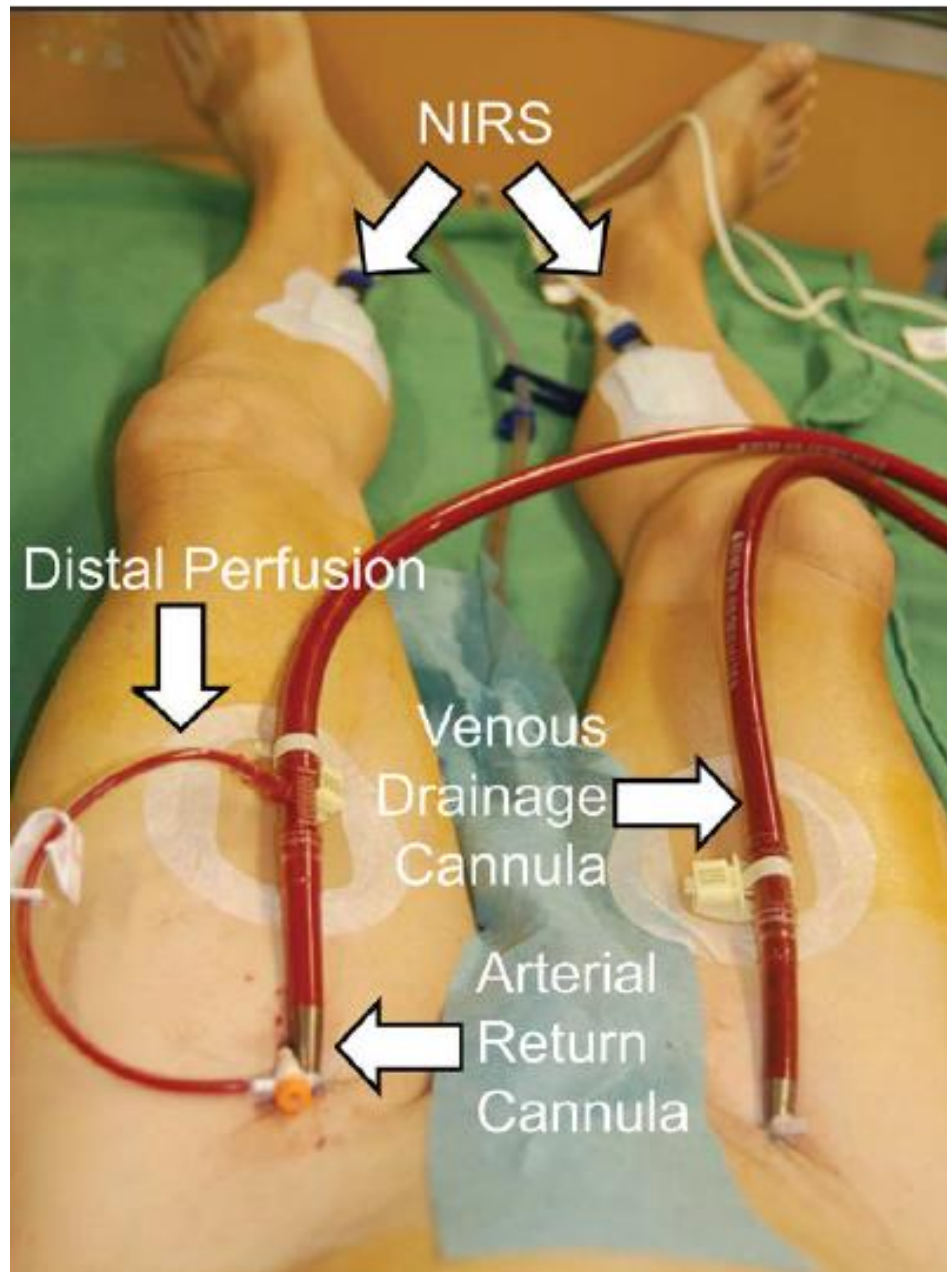
Other configurations of VA-ECMO



Externalizations of central VA-ECMO







Peripheral VA-ECMO

Decision Making in Adult VA-ECMO for Acute Cardiac Failure

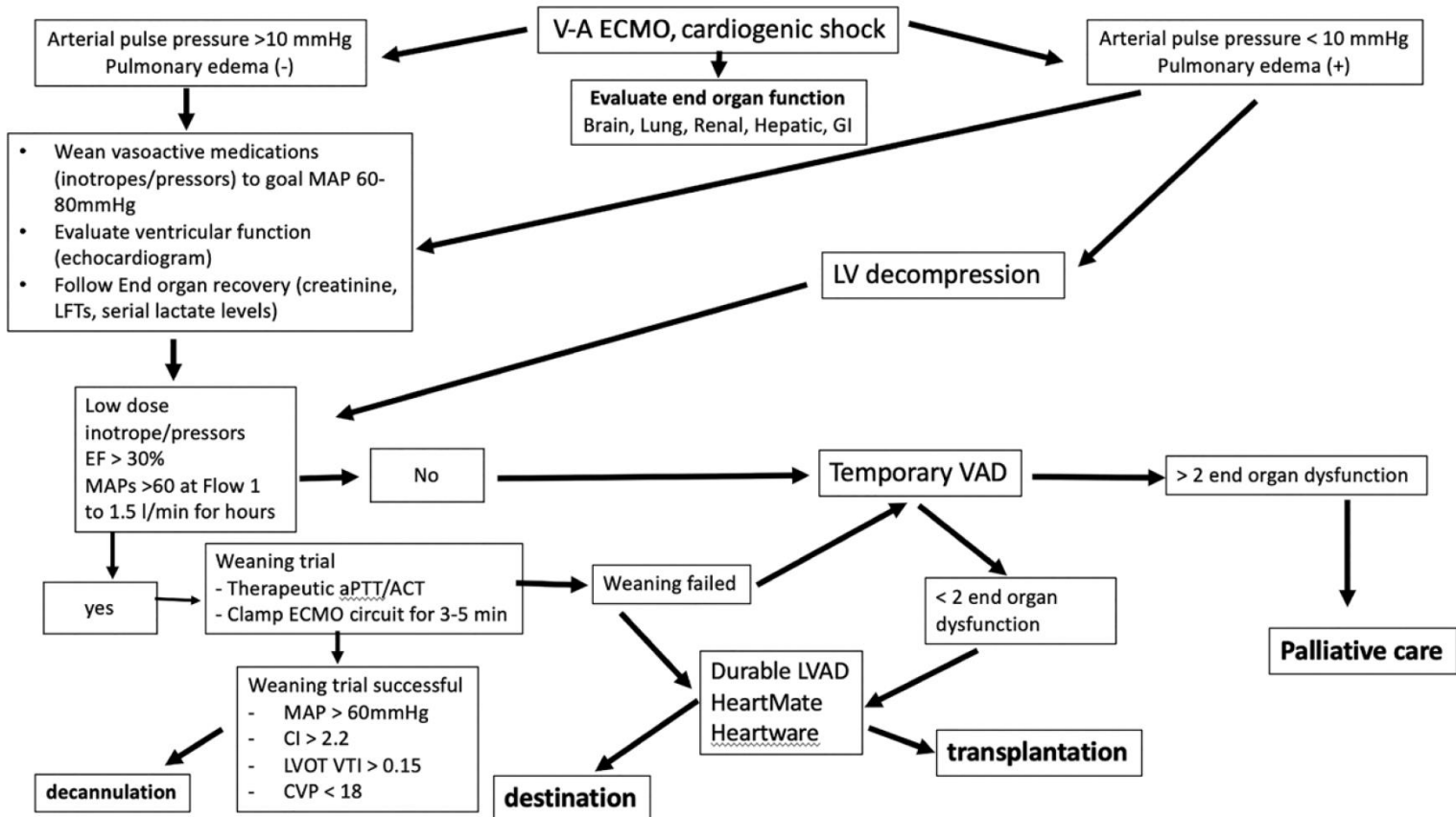
VA ECMO may support patients for days or weeks as a “bridge-to-decision” that includes weaning after recovery of cardiac function, transplantation, long-term mechanical circulatory support (ventricular assist devices), and withdrawal in the case of futility

When to use and not use VA-ECMO for cardiogenic shock?

ELSO Interim Guidelines for Venoarterial Extracorporeal Membrane Oxygenation in Adult Cardiac Patients

ROBERTO LORUSSO¹,* KIRAN SHEKAR,² GRAEME MACLAREN³,⁴ MATTHIEU SCHMIDT,⁵ VINCENT PELLEGRINO,⁶ BART MEYNS⁷, JONATHAN HAFT,⁸ LEEN VERCAEMST,⁹ FEDERICO PAPPALARDO,¹⁰ CHRISTIAN BERMUDEZ,¹¹ JAN BELOHLAVEK¹²,¹³ XIAOTONG HOU,¹⁴ UDO BOEKEN,¹⁵ ROBERTO CASTILLO,¹⁶ DIRK W. DONKER¹⁷,¹⁸ DARRYL ABRAMS,¹⁹ MARCO RANUCCI,²⁰ KASIA HRYNIEWICZ,²¹ IVAN CHAVEZ,²² YIH-SHANG CHEN,²³ LEONARDO SALAZAR,²⁴ AND GLENN WHITMAN²⁵

REVIEWERS: Hergen Buscher,²⁶ Rodrigo Diaz,²⁷ Thomas Mueller,²⁸ AND Alain Combes,²⁹





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Cardiogenic shock suitable for ECMO is generally characterized by:

- systemic systolic pressure less than 90 mmHg
- urine output < 30 ml/hour
- lactate over 2
- SVO₂ less than 60%
- altered conscious state for 6 hours
- unresponsive to optimal treatment

2020 EACTS/ELSO/STS/AATS Expert Consensus on Post-Cardiotomy Extracorporeal Life Support in Adult Patients



Roberto Lorusso, MD, PhD, Chairperson,* Glenn Whitman, MD, Chairperson,*
Milan Milojevic, MD, PhD,* Giuseppe Raffa, MD, PhD, David M. McMullan, MD,
Udo Boeken, MD, PhD, Jonathan Haft, MD, Christian A. Bermudez, MD,
Ashish S. Shah, MD, and David A. D'Alessandro, MD

Recommendations for Indications, Contraindications and Prognostication of PC-ECLS

Recommendations	Class ^a	Level ^b
It is recommended that PC support be initiated prior to end-organ injury or onset of anerobic metabolism (lactate level <4 mmol/l) in patients with likelihood of myocardial recovery and in the absence of uncontrollable bleeding not amenable to surgical repair. ^{14,33}	I	B
When the likelihood of native myocardial recovery is low, PC ECLS is recommended in patients who are eligible for LT-MCS or a HTx.	I	C
The early use of ECLS after cardiac surgery in a patient with an IABP and optimal medical therapy, with failure to wean from CPB or marginal hemodynamics is recommended. ³³	I	B
Significant comorbidities, advanced age, elevated lactate level and renal injury are risk factors associated with death and should be considered prior to ECLS initiation. ^{25,27,33}	IIa	B
Preoperative implant of ECLS may be considered in patients in very poor condition (hemodynamic or metabolic) or with structural cardiac anomalies (postacute MI VSD, severe lung edema or dysfunction due to underlying cardiac disease) to facilitate perioperative management (bridge to surgery).	IIb	C
It should be considered that the type and modality of ECLS (uni or biventricular failure, right or left ventricular compromise, preoperative, intraoperative or postoperative cardiocirculatory failure, acute or chronic cardiac dysfunction, cardiogenic shock or cardiac arrest, including alternative mechanical support device) are discussed based on the type of hemodynamic condition and patient characteristics.	IIa	C



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Table 2. The SAVE Score⁶

Parameter	Score	
Acute cardiogenic shock diagnosis group (select one or more)		
Myocarditis	3	
Refractory VT/VF	2	
Post heart or lung transplantation	3	
Congenital heart disease	-3	
Other diagnoses leading to cardiogenic shock requiring VA ECMO	0	
Age (yrs)		
18-38	7	
39-52	4	
53-62	3	
≥63	0	
Weight (kg)		
≤65	1	
65-89	2	
≥90	0	
Acute pre-ECMO organ failures (select one or more if required)		
Liver failure*	-3	
Central nervous system dysfunction†	-3	
Renal failure‡	-3	
Chronic renal failure§	-6	
Duration of intubation before initiation of ECMO (h)		
≤10	0	
11-29	-2	
≥30	-4	
Peak inspiratory pressure ≤20 cmH ₂ O	3	
Pre-ECMO cardiac arrest	-2	
Diastolic blood pressure before ECMO ≥ 40 mmHg¶	3	
Pulse pressure before ECMO ≤20 mmHg¶	-2	
HCO ₃ before ECMO ≤15 mmol/L¶	-3	
Constant value to add to all calculations of SAVE score	-6	
Total score	-35 to 17	
Total SAVE score	Risk class	Survival (%)
>5	I	75
1-5	II	58
-4 to 0	III	42
-9 to -5	IV	30
≤ -10	V	18

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- Cardiac recovery unlikely and no indication for heart transplant or durable left ventricular (LV) assists device
- Poor life expectancy (end-stage peripheral-organ diseases, malignant tumor, massive pulmonary embolisms in cancer patients, chemotherapy-induced chronic cardiomyopathy, etc.)
- Severe aortic valve regurgitation
- Severe vascular disease with extensive aortic and peripheral vessel involvement (calcification, stenosis, and closure), including axillary arteries
- Acute Type A or B aortic dissection with extensive aortic branches (ascending, supra-aortic and femoral) involvement (preoperatively)
- Severe neurologic impairment (*i.e.*, prolonged anoxic brain damage, extensive trauma and bleeding)
- Severe immunologic disease with marked blood and coagulation disorders
- Liver cirrhosis (Child-Pugh class B and C)

Early invasive therapy in comatose patients with out-of-hospital cardiac arrest can be contraindicated in case of:

- An initial nonshockable rhythm
- Unwitnessed arrest
- Lack of bystander cardiopulmonary resuscitation
- >30 min to return of spontaneous circulation or ongoing CPR
- pH <7.2
- Lactate >7 mmol/L
- Age >85 years
- End-stage renal disease
- Noncardiac cause of arrest

American College of Cardiology. Cardiac arrest: a treatment algorithm for emergent invasive cardiac procedures in the resuscitated comatose patient. J Am Coll Cardiol. 2015;66:62–73.

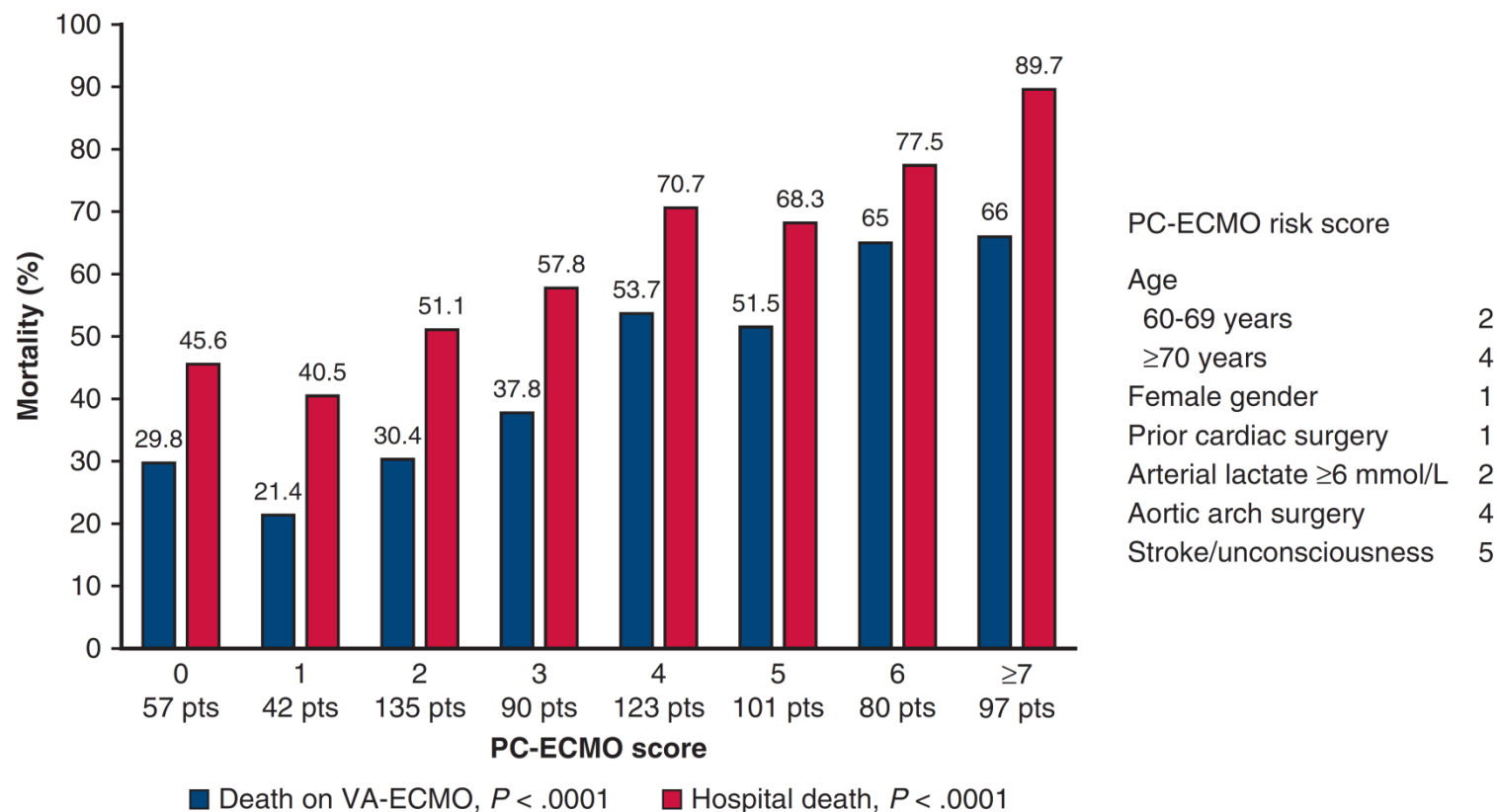
ADULT: MECHANICAL CIRCULATORY SUPPORT

Multicenter study on postcardiotomy venoarterial extracorporeal membrane oxygenation



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J Thorac Cardiovasc Surg 2020;159:1844-54





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The goal of VA-ECMO is to maintain systemic oxygen delivery at least 3 times oxygen consumption (the $DO_2:VO_2$ ratio is >3) (normal $DO_2:VO_2$ ratio is 5, in shock is 2)



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Table 8. Clinical Monitoring During Venoarterial Extracorporeal Membrane Oxygenation

Invasive arterial blood pressure monitoring/right radial artery

- Pulse pressure—measure of native contractility vs. ECMO blood flow
- Oxygen saturation—measure of oxygenation in proximal aortic arch/detection of differential oxygenation

Pulse oximetry/right hand

- Oxygen saturation—measure of oxygenation in proximal aortic arch/detection of differential oxygenation

Pulmonary artery catheter

- Detect elevated left-sided filling pressure
- Support indication for adjunct LV unloading
- Continuous cardiac output monitoring as indication of residual pulmonary artery flow (alternatively, residual pulmonary artery flow can be monitored by measuring end-tidal CO₂)

Echocardiography

- Early cardiac diagnostics and identification of contraindications to VA ECMO
- Visualization of proper vascular access and guidance cannulation
- Optimal tailoring of ECMO support
- Serial assessment of hemodynamic and cardiac conditions
- Cardiac assessment during weaning trial

Electrocardiography

- Consider continuous, multilead electrocardiographic monitoring

NIRS

- Monitoring of limb (single and bilateral comparison) and brain perfusion

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REVIEWERS: Hergen Buscher,^{****} Rodrigo Diaz,^{††††} Thomas Mueller,^{‡‡‡‡} AND Alain Combes,^{§§§§}

Criteria to be used for the assessment of LV unloading need

Method	Factor	Grade of severity			
Arterial line	Arterial Pulsatility	Mild weakness	Moderate weakness	Almost Pulseless	Less-Invasive LV-Unloading Maneuvers To Be Applied
Central venous Line	ScvO ₂	75-55%	55-45%	<45%	
	CVP	8-12 mmHg	12-16 mmHg	> 20 mmHg	IABP + Less-Invasive LV Unloading Maneuvers To Be Applied
Echocardiogram	AV	Opening every 2 bpm	Opening every 3-4 bpm	Closure	
	LV distension	Mild	Moderate	Severe	
	LA distension	Mild	Moderate	Severe	
	"Smoke like" effect	Mild	Moderate	Severe	
	IVC dilatation ¹	1.5 to 2.5 cm	>2.5 cm	>2.5 cm	Invasive Catheter-Based LV-Unloading Maneuvers To Be Applied
	IVC collapse ²	<50%	<50%	No change	
Swan Ganz Catheter	PCWP	13-18 mmHg	18-25 mmHg	>25 mmHg	
Chest X-ray	Congestion ³	Alveolar edema	Interstitial edema	Redistribution	

ScvO₂: central venous blood oxygen saturation; CVP: central venous pressure; AV: aortic valve; bpm: beats per minute; LV: left ventricle; LA: left atria. PCWP: post capillary wedge pressure.

ELSO Interim Guidelines for Venoarterial Extracorporeal Membrane Oxygenation in Adult Cardiac Patients

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Table 4. Options, Procedures, and Related Efficacy Potentially Available to Pursue or Favoring Left Ventricular Unloading During Venoarterial Extracorporeal Life Support

Type of Procedure	Efficacy
Less-invasive maneuvers	
Reduced ECMO flow	✓✓✓
Inotropes	✓✓
Vasodilation	✓✓
Increased PEEP	✓✓
Diuretics	✓
Invasive (catheter-based) maneuvers	
Trans-aortic suction device	✓✓✓✓✓
Impella	✓✓✓
Pulsatile trans-aortic suction device	✓✓✓
Atrial septostomy	✓✓✓ - ✓✓✓✓
Left ventricular venting through the apex	✓✓✓✓✓
Left ventricular venting through the mitral valve	✓✓✓✓✓
Pulmonary artery venting	✓✓✓
IABP	✓✓
Tran-septal atrial cannula	✓✓✓✓
Additional venous cannula	✓✓
Central ECLS	✓✓✓

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Table 10. Major Complications of Venoarterial Extracorporeal Membrane Oxygenation and Suggested Management

Complication	Management
Malpositioning of cannula Ischemia of cannulated leg	Routine use of ultrasound/fluoroscopy for cannulation procedure Prophylactic use of small antegrade perfusion cannula, NIRS monitoring of calf muscle before, during and after VA ECMO oximetry, pulse Doppler of cannulated leg
Deep vein thrombosis of femoral/caval vein Overloading of LV	Adequate anticoagulation during and after VA ECMO, Ultrasound control of vessels after decannulation Reduce MAP to lowest acceptable value Use a small dose of inotropes, avoid vasopressors if possible Use PAC and end-tidal CO ₂ for monitoring of pulmonary perfusion Regular echocardiography Venting of LV when indicated (see proper table)
Differential oxygenation	Monitoring of BGA and saturation on right arm NIRS monitoring of the brain and lower limbs Optimize ventilation VAV cannulation only if necessary
Lower body hyperoxemia/hypocapnia	BGA post membrane after every change in ECMO settings Adjust gas flow and blender settings to achieve Normocapnia and slight hyperoxemia (150 mm Hg) after the oxygenator
Device clotting	Adequate anticoagulation Regular maintenance by control of aPTT or ACT, D-Dimers, trans-membrane pressure and gas transfer capacity—If relevant, timely system replacement
Hemorrhage	Adequate anticoagulation (reduced or stop heparin administration in case of excessive bleeding or life-threatening hemorrhage) Regular control of aPTT or ACT, platelets, fibrinogen NIRS monitoring of brain Avoid every unnecessary invasive procedure

2020 EACTS/ELSO/STS/AATS Expert Consensus on Post-Cardiotomy Extracorporeal Life Support in Adult Patients



Roberto Lorusso, MD, PhD, Chairperson,* Glenn Whitman, MD, Chairperson,*
Milan Milojevic, MD, PhD,* Giuseppe Raffa, MD, PhD, David M. McMullan, MD,
Udo Boeken, MD, PhD, Jonathan Haft, MD, Christian A. Bermudez, MD,
Ashish S. Shah, MD, and David A. D'Alessandro, MD

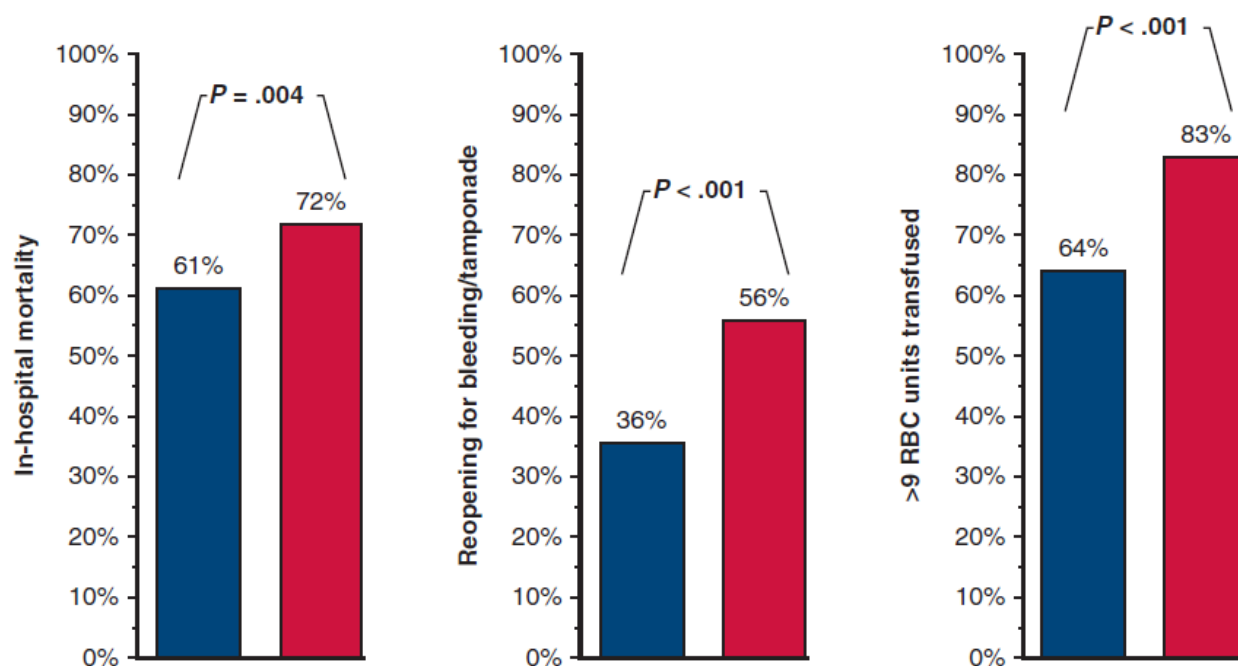
Recommendations for ECLS Modes and Configurations

Recommendations	Class ^a	Level ^b
Peripheral cannulation approach should be considered in patients with PCS and for V-A ECLS in the presence of LV or biventricular failure. ^{41,43-45}	Ila	B

Peripheral versus central extracorporeal membrane oxygenation for postcardiotomy shock: Multicenter registry, systematic review, and meta-analysis



Giovanni Mariscalco, MD, PhD,^a Antonio Salsano, MD, PhD,^b Antonio Fiore, MD,^c Magnus Dalén, MD, PhD,^d Vito G. Ruggieri, MD, PhD,^e Diyar Saeed, MD,^f Kristján Jónsson, MD, PhD,^g Giuseppe Gatti, MD,^h Svante Zipfel, MD,ⁱ Angelo M. Dell'Aquila, MD,^j Andrea Perrotti, MD, PhD,^k Antonio Loforte, MD, PhD,^l Ugolino Livi, MD,^m Marek Pol, MD,ⁿ Cristiano Spadaccio, MD,^o Matteo Pettinari, MD,^p Sigurdur Ragnarsson, MD, PhD,^q Khalid Alkhamees, MD,^r Zein El-Dean, MRCs, LLM,^a Karl Bounader, MD,^s and Fausto Biancari, MD, PhD,^{t,u} the PC-ECMO group*



Doubly robust estimates with inverse probability treatment weighting by propensity score

OR, 95% CI 1.54; 1.09-2.18

1.96; 1.37-2.81

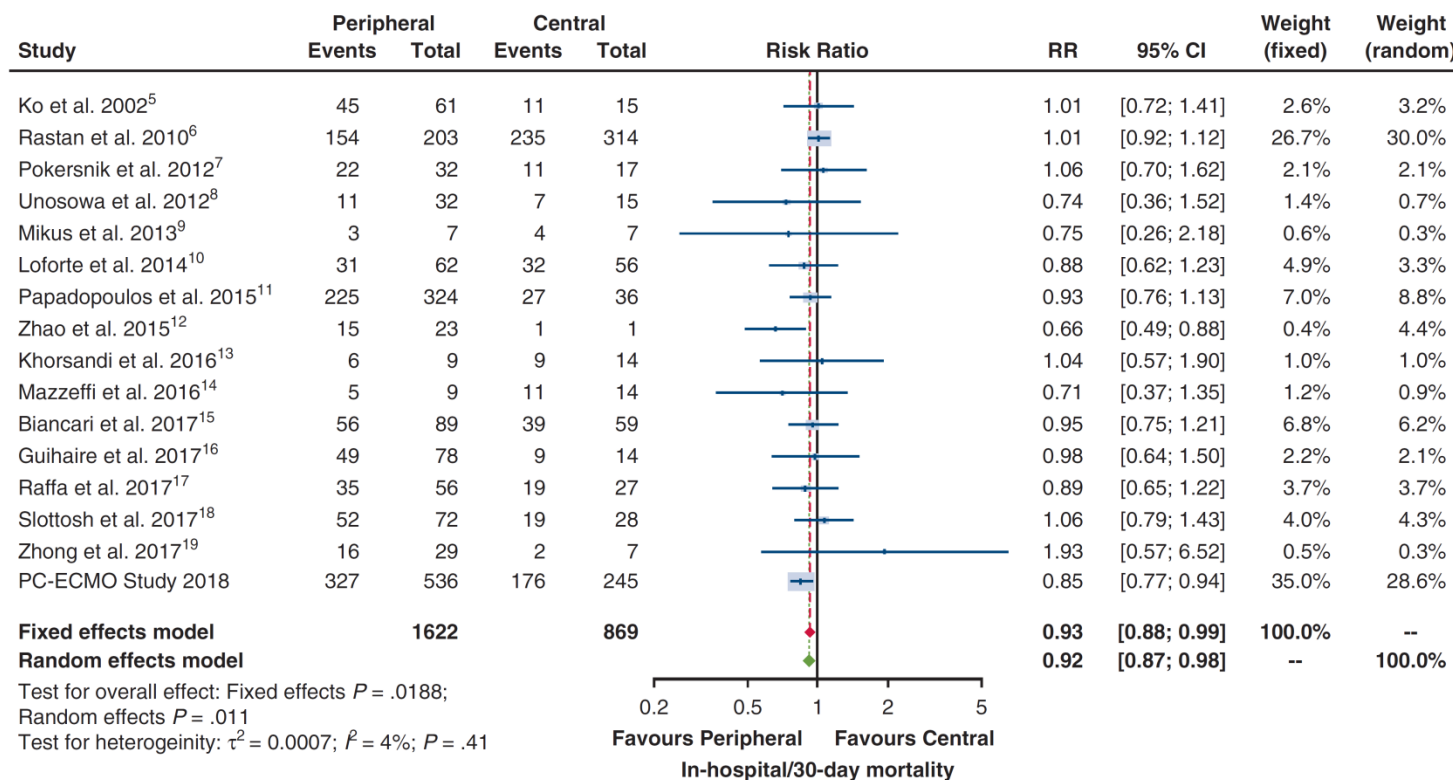
2.42; 1.59-3.67

ADULT: MECHANICAL CIRCULATORY SUPPORT

Peripheral versus central extracorporeal membrane oxygenation for postcardiotomy shock: Multicenter registry, systematic review, and meta-analysis



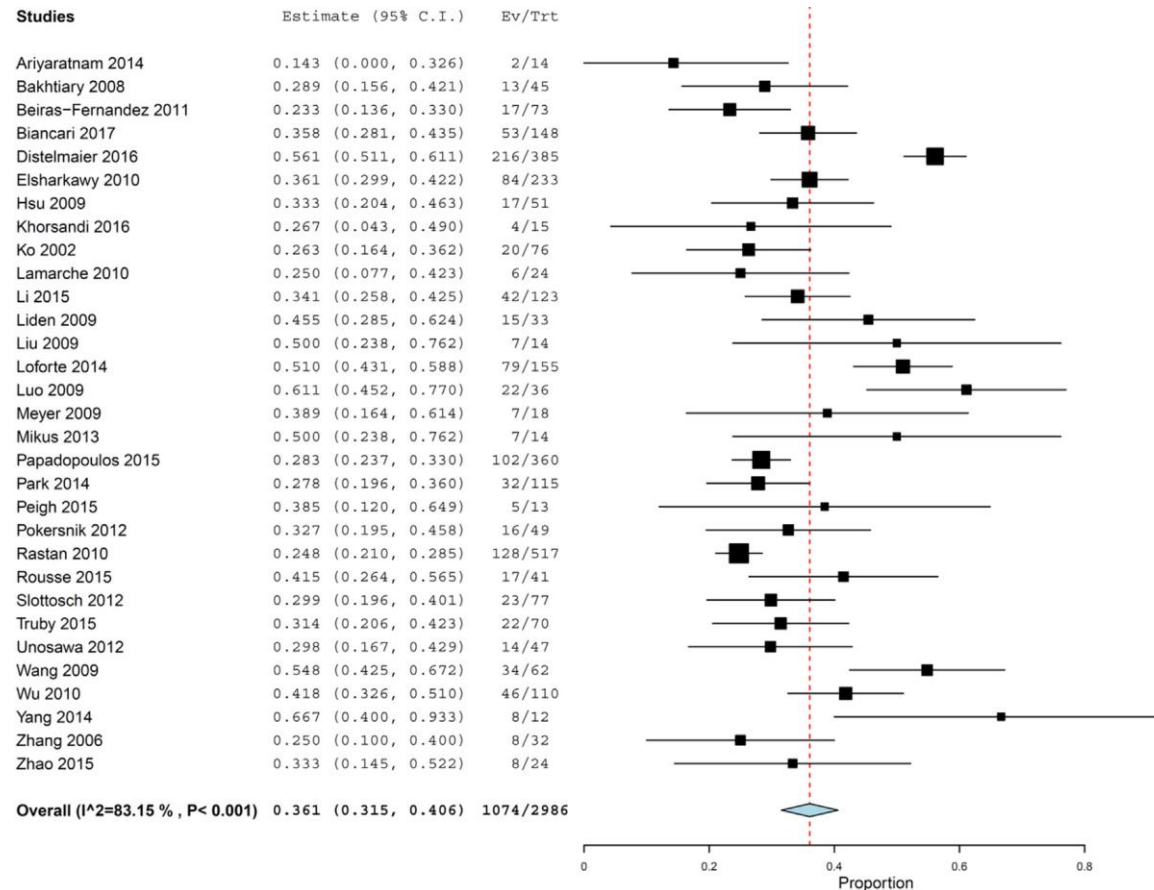
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Meta-Analysis of the Outcome After Postcardiotomy Venoarterial Extracorporeal Membrane Oxygenation in Adult Patients

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Journal of Cardiothoracic and Vascular Anesthesia 2018;32:1175–1182



Original Article | [Published: 03 June 2021](#)

Predictors of Mortality in Patients Treated with Venous-Arterial ECMO for Cardiogenic Shock Complicating Acute Myocardial Infarction: a Systematic Review and Meta-Analysis

[Shahmir Sohail](#) , [Eddy Fan](#), [Farid Foroutan](#), [Heather J. Ross](#), [Filio Billia](#) & [Ana Carolina Alba](#)

[Journal of Cardiovascular Translational Research](#) (2021) | [Cite this article](#)

213 Accesses | 14 Altmetric | [Metrics](#)

72 studies (10,276 patients) were included with a **pooled mortality estimate of 58 %**.

With high confidence in estimates, failure to achieve **TIMI III flow** and **left main culprit** were identified as factors associated with higher mortality.

With low-moderate confidence, **older age**, high BMI, renal dysfunction, **increasing lactate**, prothrombin activity < 50%, **VA-ECMO implantation after revascularization**, and **non-shockable ventricular arrhythmias** were identified as factors associated with mortality

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Table 3
Pooled Rates of Early Outcomes

Outcomes	No. of Studies	No. of Patients	Proportion/Mean (95% CI)	I ²
Hospital survival, %	31	2,986	36.1 (31.5-40.8)	84%
Weaning from VA-ECMO, %	24	2,049	59.5 (54.6-64.3)	77%
Reoperation for bleeding, %	18	1,779	42.9 (34.2-51.5)	93%
RBC units transfused	11	1,241	17.7 (13.3-22.1)	99%
Major neurological event, %	16	1,736	11.3 (7.8-14.8)	79%
Limb ischemia, %	16	1,909	10.8 (8.0-13.5)	70%
Lower limb amputation, %	5	330	1.1 (0.0-2.3)	0%
Deep sternal wound infection/mediastinitis, %	4	490	14.7 (4.0-25.4)	92%
Renal replacement therapy, %	19	1,979	47.1 (38.9-55.2)	92%
Ventricular assist device, %	21	1,685	2.3 (1.3-3.4)	57%
Heart transplantation, %	21	1,685	1.9 (1.0-2.8)	50%
Intensive care unit stay, d	10	589	13.3 (10.2-16.4)	95%
In-hospital stay, d	9	1,154	22.5 (17.7-27.3)	95%

Meta-Analysis of the Outcome After Postcardiotomy
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Debora Brasica, MD^{*}

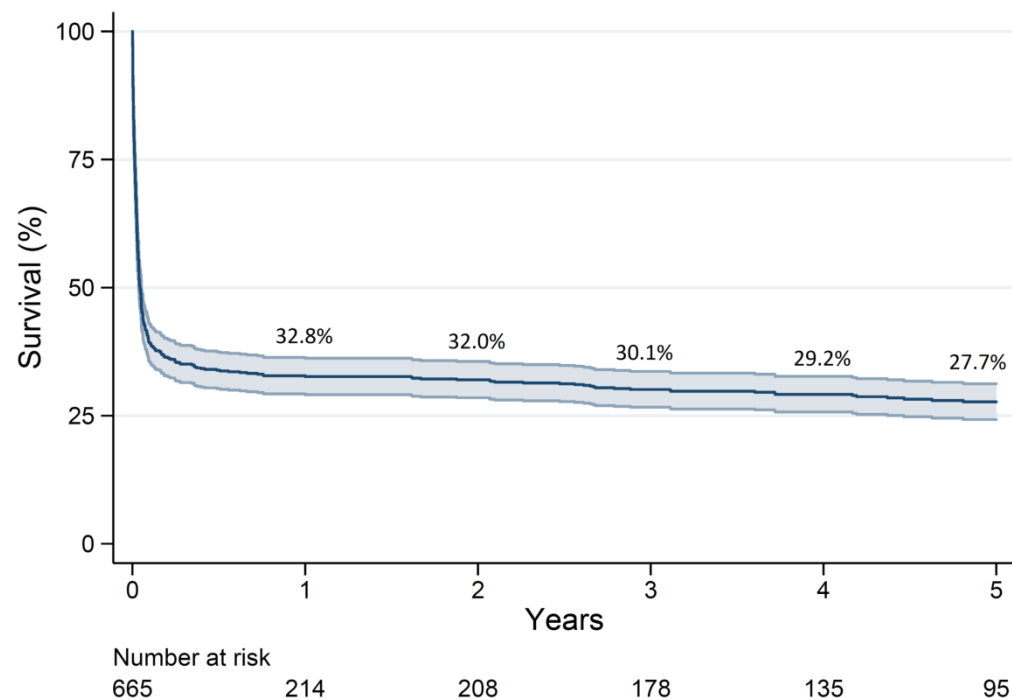
Journal of Cardiothoracic and Vascular Anesthesia 2018;32:1175–1182

One-year survival rate was **30.9%** (95% CI 24.3-37.5)

Five-year survival after post-cardiotomy veno-arterial extracorporeal membrane oxygenation

Fausto Biancari ✉, Andrea Perrotti, Vito G Ruggieri, Giovanni Mariscalco, Magnus Dalén, Angelo M Dell'Aquila, Kristján Jónsson, Sigurdur Ragnarsson, Dario Di Perna, Karl Bounader ... [Show more](#)

European Heart Journal. Acute Cardiovascular Care, Volume 10, Issue 6, August 2021,



Recommendations for Education and Training

Recommendations	Class ^a	Level ^b
Didactic and water drills are recommended as a routine and repetitive part of ECLS training for providers. ¹⁹⁷	I	B
ECLS simulation is recommended for ECLS multispecialty teams as well as individual specialists. ^{195,202}	I	B
ECLS simulation is recommended for team-based learning specialties. ¹⁹⁷⁻²⁰¹	I	B

^aClass of recommendation; ^bLevel of evidence.

ECLS, extracorporeal life support.