

Name	Manufacturer	Type of vaccine	Efficacy rate
BNT162b2	Pfizer-BioNTech	mRNA	<u>95%</u>
mRNA-1273	Moderna	mRNA	<u>94.5%</u>
Ad26.COV2.S	Janssen (Johnson & Johnson)	Viral vector	<u>66%</u>
AZD1222	Oxford-AstraZeneca	Viral vector	<u>81.3%</u> <u>Trusted Source</u>
Covishield*	Serum Institute of India	Viral vector	81.3%
Ad5-nCov	CanSino	Viral vector	<u>65.28%</u>
Sputnik V	Gamaleya	Viral vector	<u>91.6%</u> <u>Trusted Source</u>
Covaxin	Bharat Biotech	Inactivated	<u>80.6%</u>
BBIBP-CorV	Sinopharm (Beijing)	Inactivated	<u>79.34%</u> <u>Trusted Source</u>
Inactivated (Vero Cell)	Sinopharm (Wuhan)	Inactivate	

## **Amiloidosi Incidenza**

Un paziente su sei con Stenosi aortica trattata con TAVI può avere amiloidosi

Probabilmente l'uno 2% dei pazienti al di sopra dei 75 anni possono avere amiloidosi

Amiloidosi si trova in circa il 10% dei pazienti operati di tunnel carpale



## Diagnosis made by multimodalities

- Clinical suspicion (please follow the guideline)
  - LVH
  - HFpEF
- Nuclear PYP
- ECHO
- MRI
- Blood/Urine
- BX

## Pyrophosphate (PYP) Bone Avid Tracer

- Used in 80s for MI imaging
- Calcium dependent P component binds amyloid fibrils together
- PYP binds via calcium mechanism to calcium dependent P component

## Need to exclude AL – bone marrow disease

- Can have pos pyp > 20% of time
  1. Serum free light chains (Kappa/Lambda)
  2. Serum immunofixation
  3. Urine immunofixation
- **Not Serum protein electrophoresis (SPEP)**

AL ✓

- Referral to Hematology/Oncology
- Diagnosis Bone marrow biopsy
- Treatment Chemotherapy

# Cardiac Amyloidosis

## Screening

- Serum and urine immunofixation
  - **Not** serum protein electrophoresis
- Serum-free light chains



95-100% of AL amyloid

## 3 parts to Interpretation

1. Visual interpretation (Semi-quantitative-grades)
2. SPECT or SPECT/CT
3. H/CL (heart/contralateral lung) Quantitative

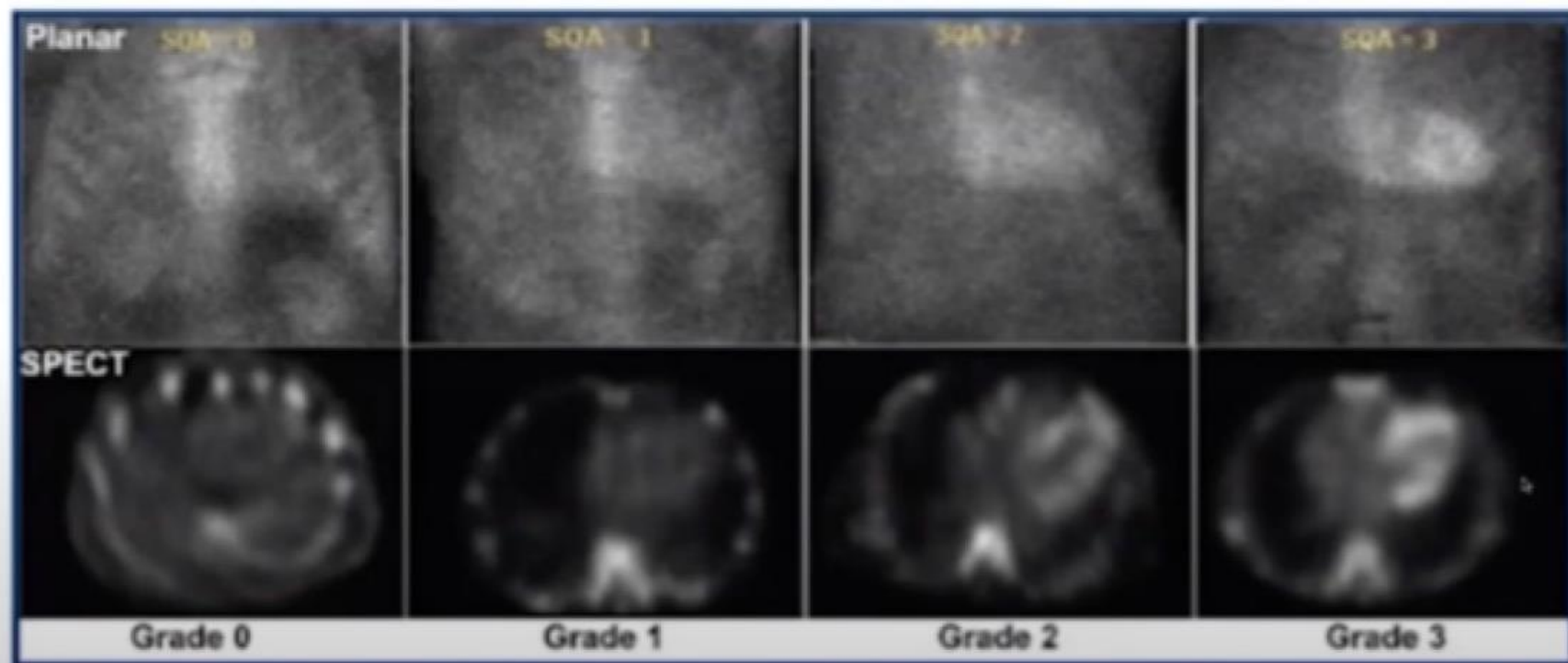


## STEP 1: Semi-quantitative (grades)

- Do this first
- Look for diffuse uptake VS focal uptake
- Diffuse - think Amyloid
- Focal - think MI or other causes

# How to interpret the test?

**Figure 2.** Grading  $^{99m}\text{Tc}$ -PYP Uptake on Planar and SPECT Images



Visual interpretation

Grading scheme "Perugini"

Semi-quantitative

} Again confusing

} 3 terms for the same thing

- Your estimate of tracer in heart compared to ribs
- Grade 0 No Heart uptake, Neg for ATTR
- Grade 1 Heart uptake less than rib, Equivocal
- Grade 2 Heart uptake equal to rib, strongly suggestive
- Grade 3 Heart uptake greater than rib, Pos for ATTR
- ALWAYS EXCLUDE AL

# PYP

- The higher the myocardial uptake the worse the prognosis

**Whole Body Planar Images**



**Grade 0**



**Grade 1**



**Grade 2**

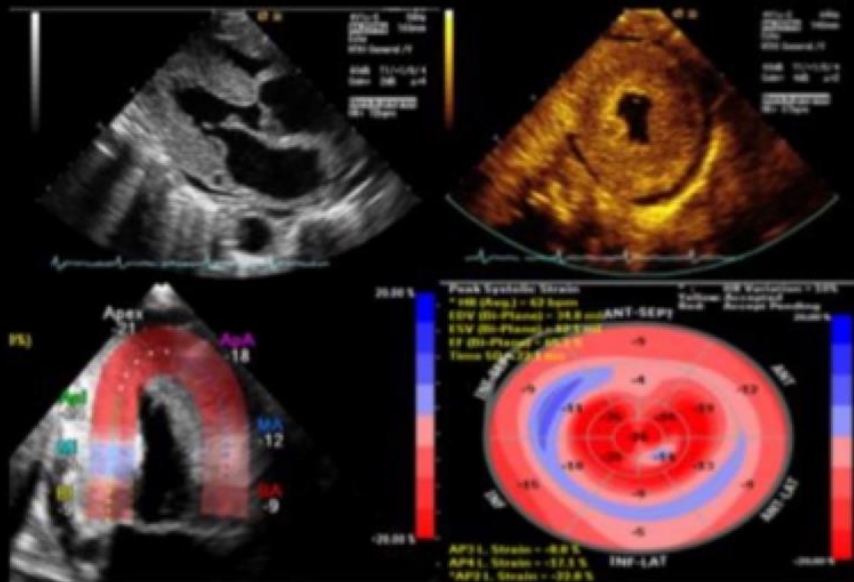


**Grade 3**

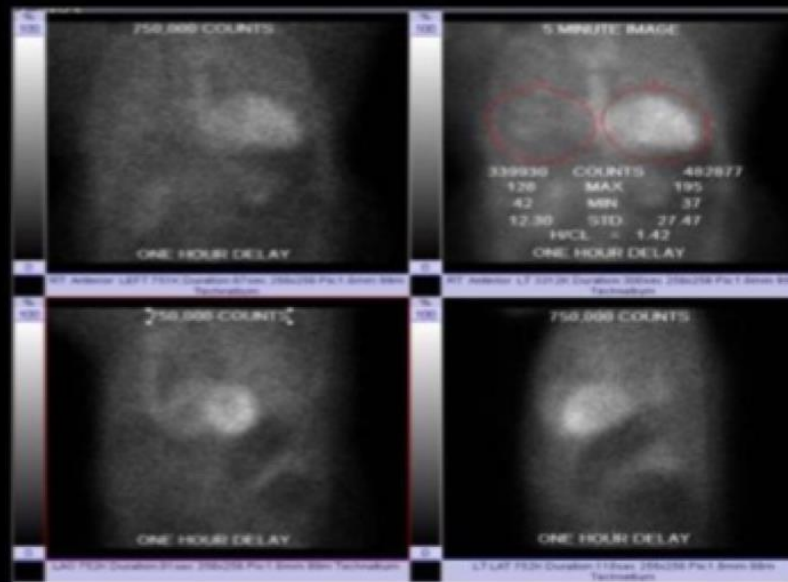
## STEP 2: Need SPECT

- Blood pool
- Diffuse or Focal uptake

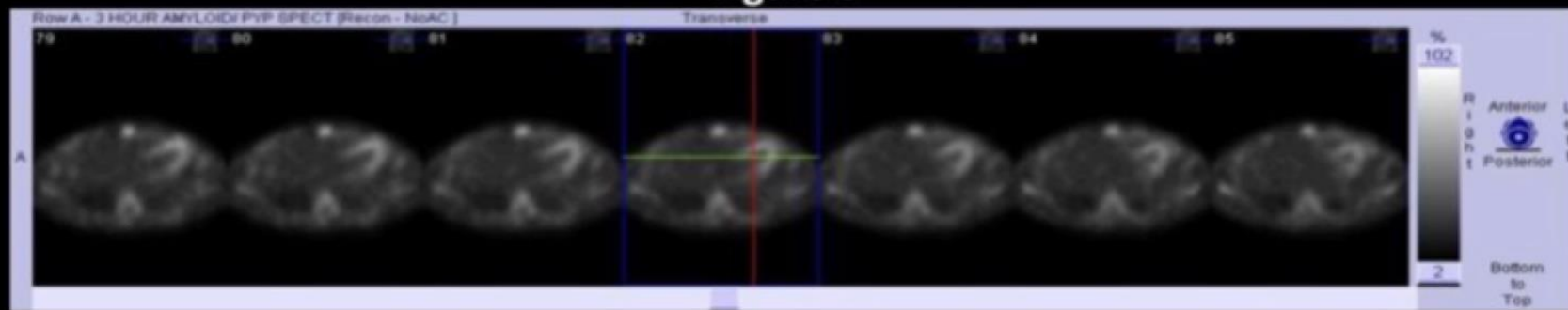
### Figure 1



### Figure 2



### Figure 3



## STEP 3 Heart: Contralateral Lung (H/CL)

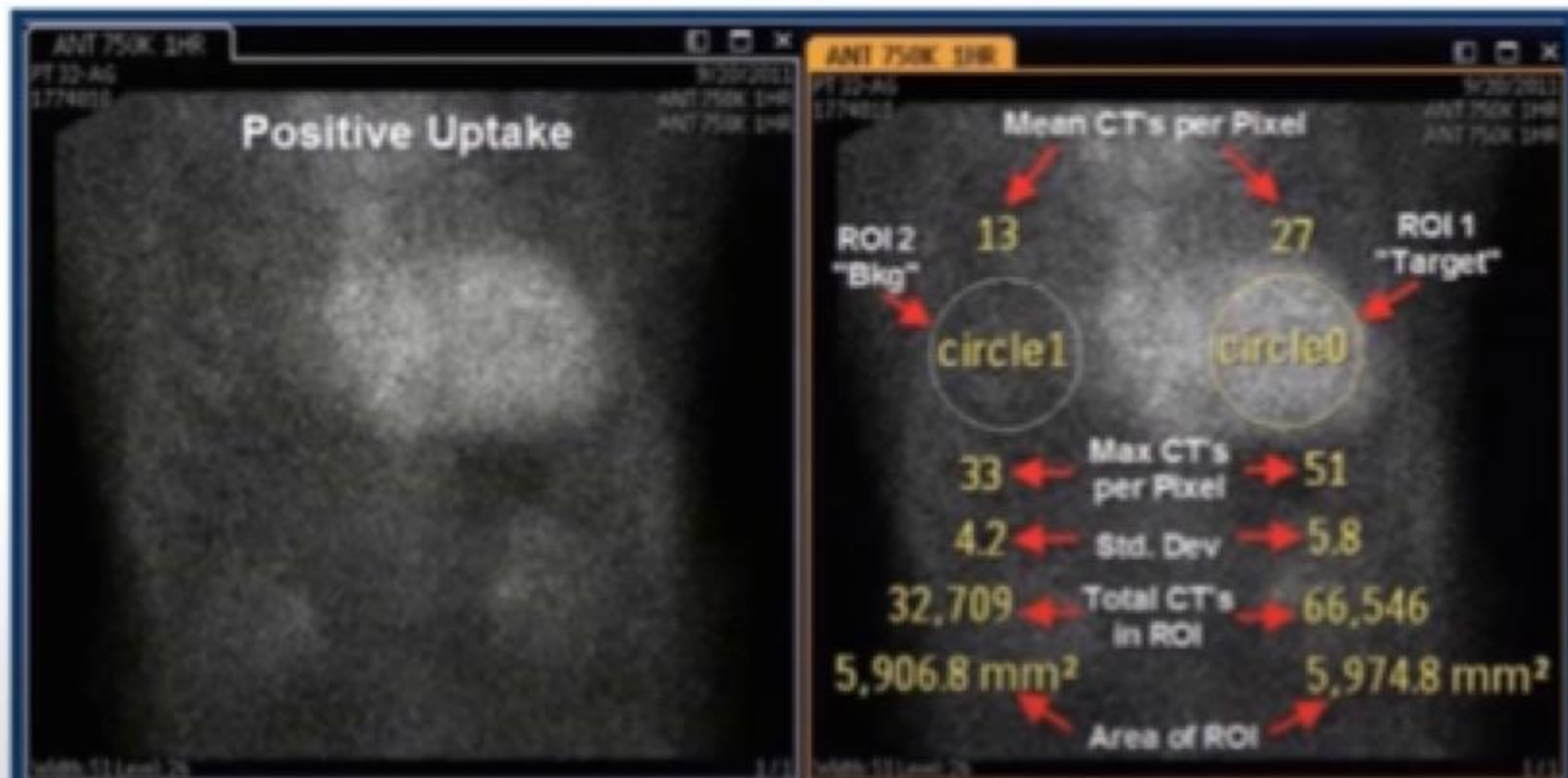
- H/CL
- We all want a simple number to say positive or negative
- As research/experience develops interpretation matures



## Quantitative Heart:Contralateral lung (H/CL)

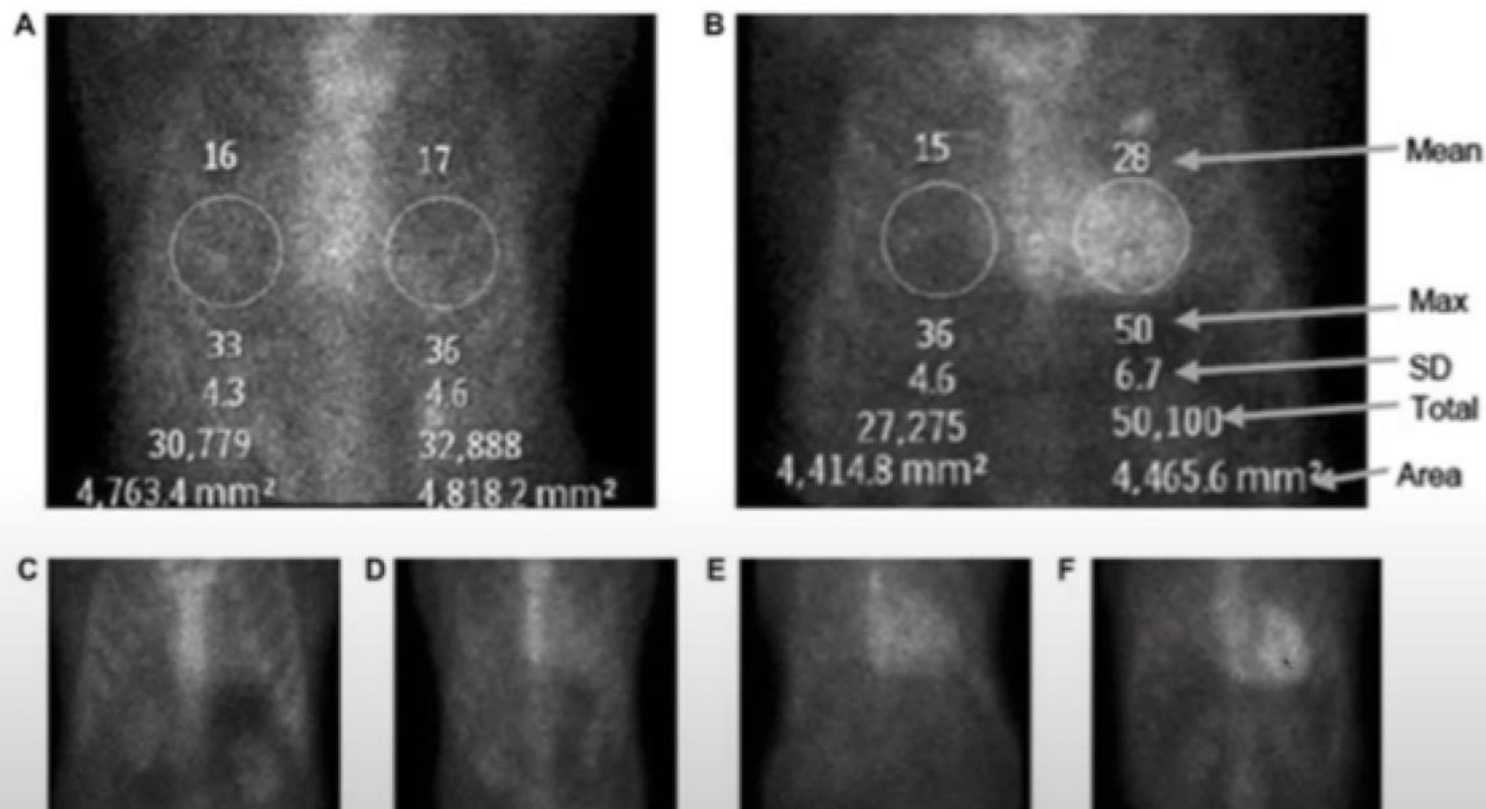
- ROI on heart and contralateral lung
- Look at ratio
- > 1.5 Strongly suggestive, at 1 hr
- > 1.3 at 3 hr Strongly suggestive (tracer dissipates over time)
- 1-1.5 Equivocal

**Figure 1. Quantitation of Cardiac  $^{99m}\text{Tc}$ -PYP Uptake Using Heart-to-Contralateral Lung (H/CL) Ratio**



Biopsy proven ATTR cardiac amyloidosis with H/CL = 2.08

# Example of how to do H/CL



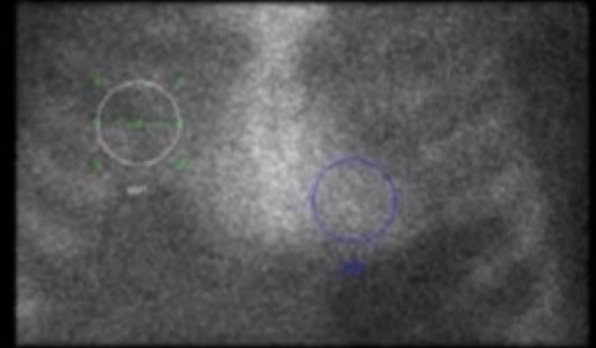
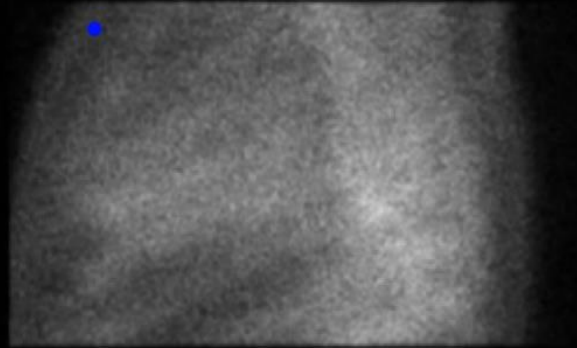
# H/CL-3hr 1.3, grade 2

[3] ROI Comparative Analysis

AMYLOIDOSIS PLAN  
6/17/2019

University of Maryland  
Cardiology Physicians

roi1 = 22.78 Kc  
roi2 = 26.77 Kc

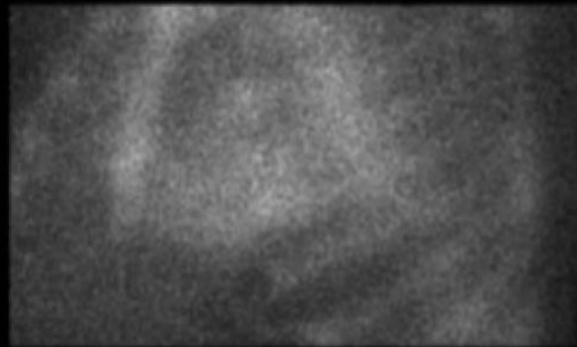


100% = 27 x of mean  
counts per pixel

roi2  
--- = 1.30  
roi1

AMYLOIDOSIS PLAN  
LT LAT

AMYLOIDOSIS PLAN  
RBT



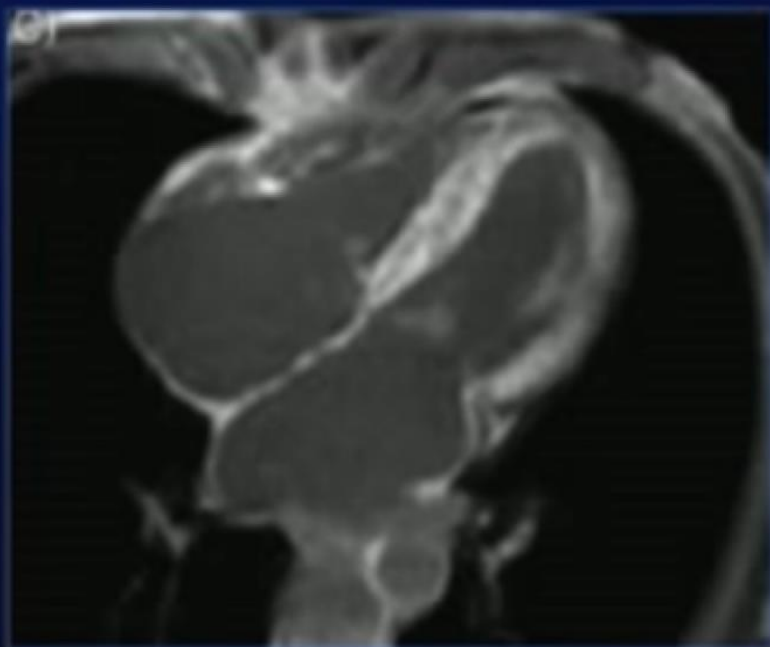
# Can you differentiate ATTR and AL by PYP?

- 50% of AL have cardiac involvement
- >20% AL have PYP uptake
- Usually grade 1-2 (but not always)
- We CAN NOT mess this up
- DX (treatment/prognosis/ramifications VERY different)
- NEEDED IN ALL PTS
  - Serum Free Light chains
  - Immunofixation serum and urine

# Cardiac MR in Amyloid

## Pattern of Delayed Enhancement


- Diffuse late gadolinium enhancement
- Difficult to “null” the myocardium



Described by Maceira et al. JACC, 2005

## What makes a Positive test

- Positive for ATTR: Positive PYP
  - Grade 2-3
- SPECT evaluation
- Negative: sFLC and urine/serum IFE
- Collaborating factors: clinical, Echo, MR
- H/Cl used for conformation
  
- If positive do genetics



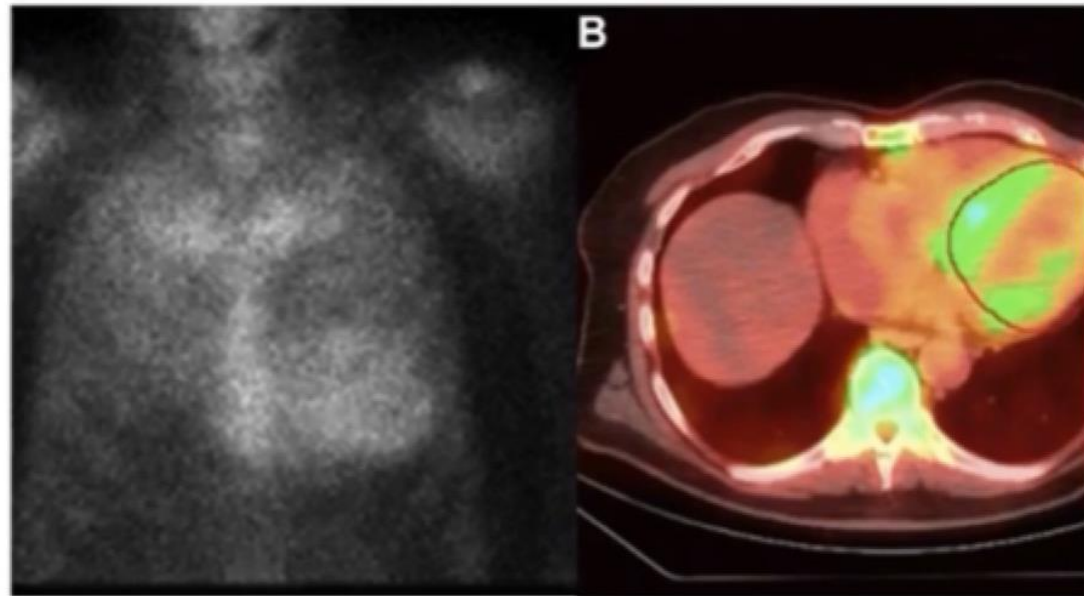
Need it all

Grade 3 PYP

H/CL 1.8

Diagnosis of ATTR wt

Teaching point- Kappa/Lambda is abnormal



C

Free Light Chain Assay Results (normal range)

Kappa = 2.63 mg/dl (0.33-1.94)

Lambda = 1.25 mg/dl (0.57-2.63)

Ratio = 2.1 (0.26-1.65)

Hanna, M et al. 2020;75(22)2851-62

JACC Volume 75, Issue 22, 9 June 2020, Pages 2851-2862

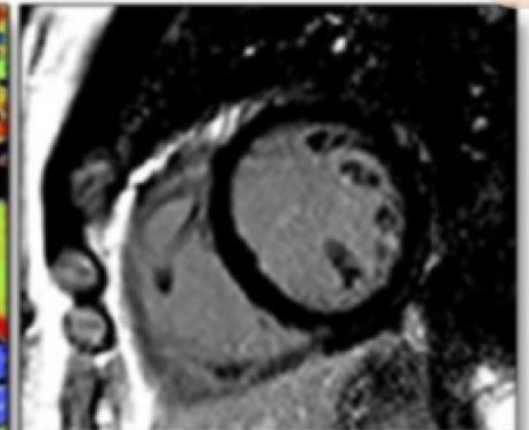
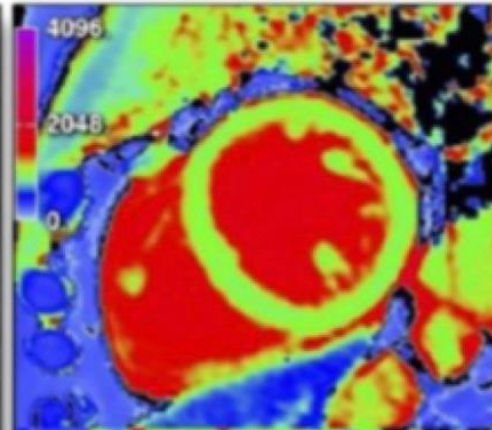
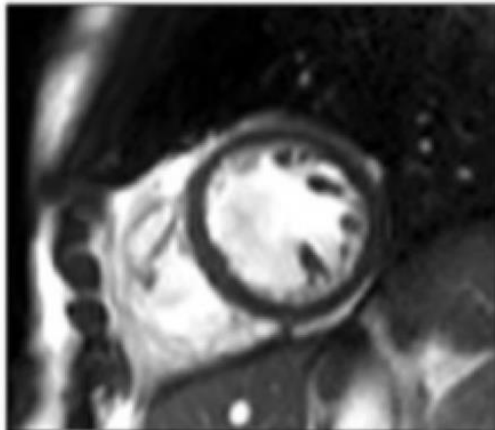


Cine ED Frame

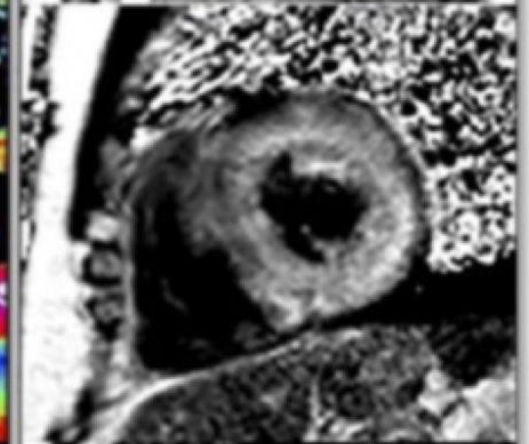
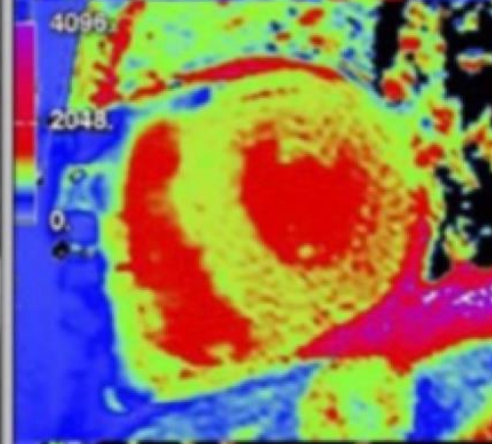
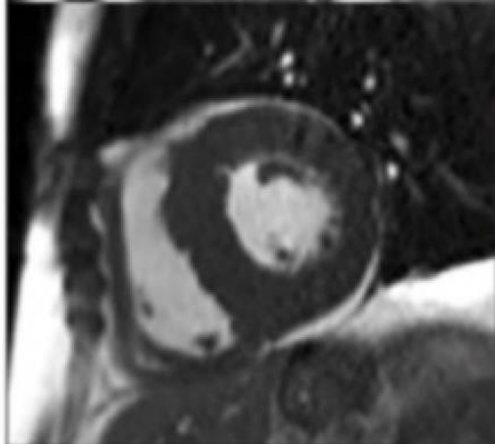
ShMOLLI T1-map

LGE

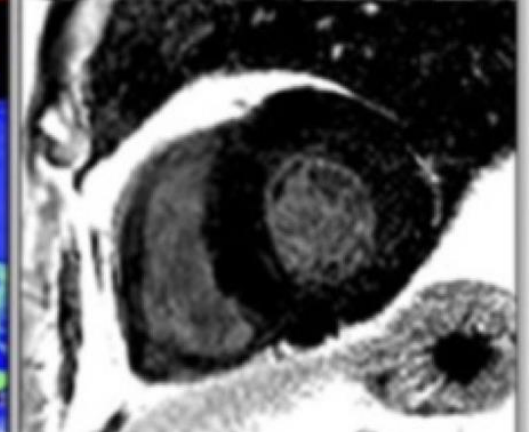
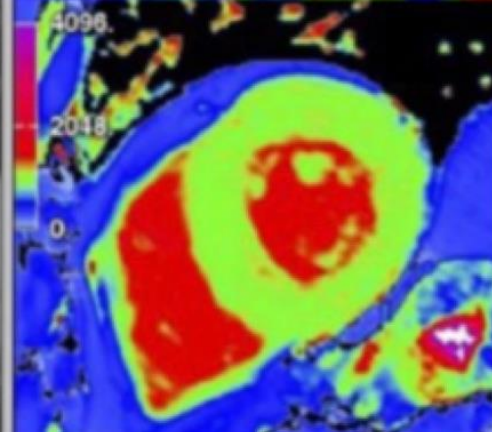
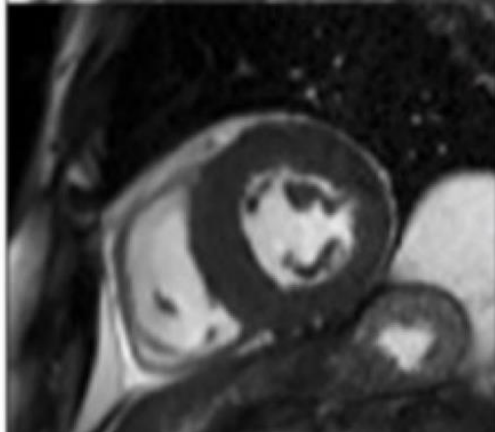
Normal  
Volunteer



Cardiac  
AL amyloid



Aortic  
Stenosis



# Reporting: Conclusions

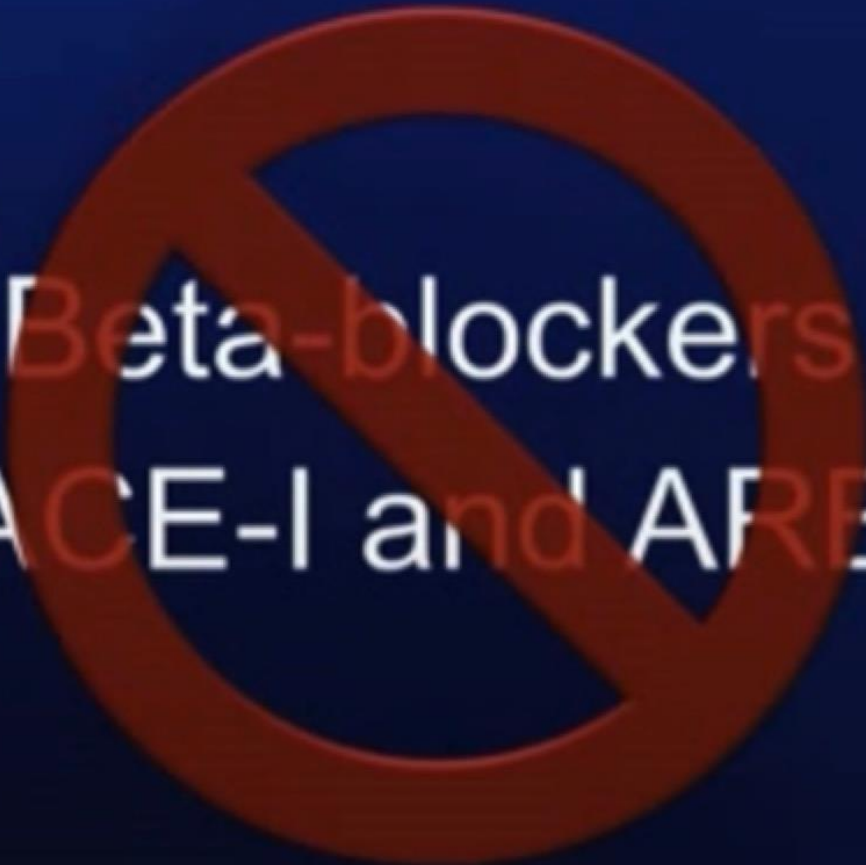
- Overall Interpretation
  - Not suggestive of ATTR (grade 0)
  - Strongly suggestive of ATTR (grade 2-3)
  - Equivocal for ATTR (grade 1, can use H/CL)
- Interpret in context of:
- Same as stress test **LOOK AT ALL** the data
  - sFLC, IF urine and serum (can not exclude AL)
  - Echo, MR

## Cardiac Amyloid

- Supportive care
- Diuretics
- Pleurx catheter
- Patient and family education
- AF – **challenging** – accept higher heart rate due to restrictive hemodynamics
- Digoxin may be preferable to beta/calcium channel blocker – low dose, level 0.5-0.8 ng/ml

# Cardiac Amyloidosis

## Treatment



Beta-blockers  
ACE-I and ARB

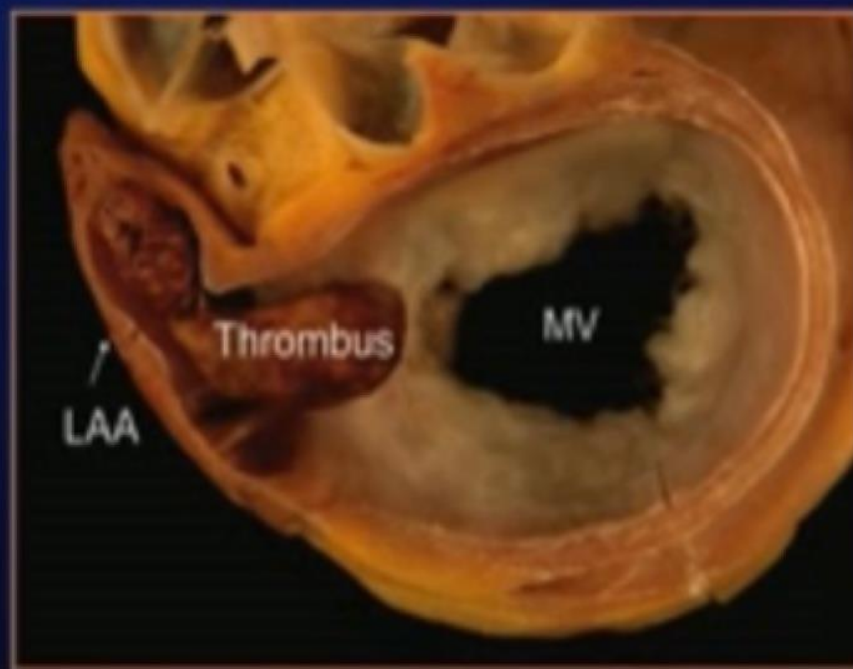
## Cardiac Arrest in AL

- Despite advances in treatment of AL, mortality in the first year remains at 50%
- Sudden cardiac death
- PEA commonly reported
- Role of ICD questionable



PEA in patient with cardiac AL and ICD

# 108 Autopsy Hearts with Amyloid



- AL
  - 17% Atrial Fibrillation
  - 51% Intracardiac thrombus
- Non-AL
  - 40% AF
  - 17% had thrombus

Elective Cardioversion: Always with TEE and anticoagulation

# Cardiac Amyloid

## Summary

- Diverse presentation and imaging findings
- Normal voltage or LVH does not exclude dx
- Amyloid type determines treatment and prognosis
- Extreme caution with beta-blocker, ACE/ARB
- Do not cardiovert without TEE
- Trials on the horizon for TTR, including senile

# The Many Faces of Cardiac Amyloid

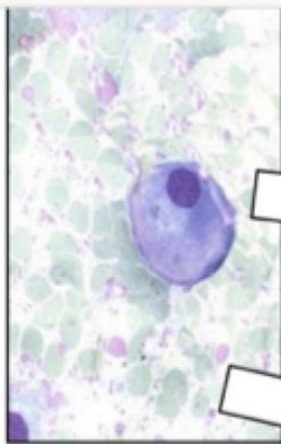
## Unmasking the Great Masquerader

### Delayed Diagnosis

A major factor in poor prognosis

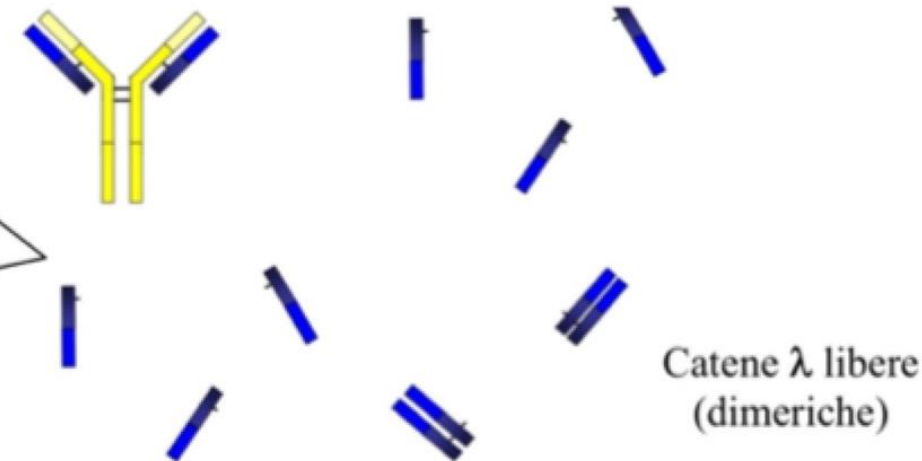
*We Need to make the Diagnosis  
Earlier*



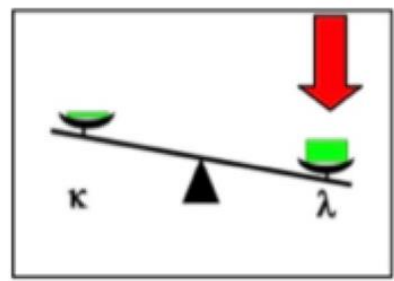


Catene leggere  
"legate" sulla Ig

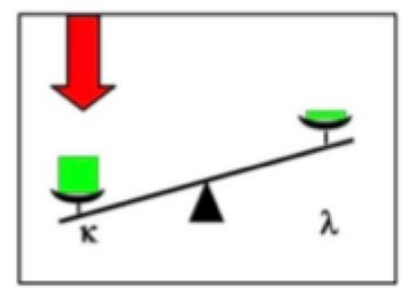
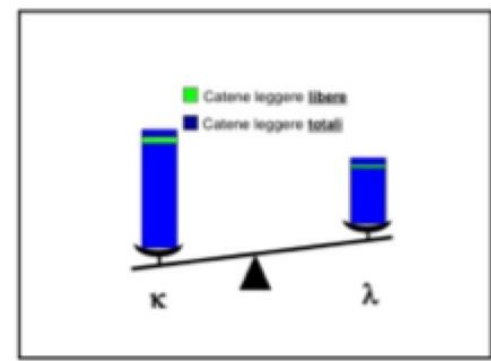
Catene leggere  
"libere" nel siero



Catene  $\lambda$  libere  
(dimeriche)



Eccesso di catene leggere libere  $\lambda$   
FLC ratio  $< 0,26$



Eccesso di catene leggere libere  $\kappa$   
FLC ratio  $> 1,65$

# CENTRAL ILLUSTRATION: Algorithm for Evaluation for Suspected Cardiac Amyloidosis

FLC ratio  
 $K_{\lambda} = 0.26 = 1.5$

